



## Saebo Self-Study Certification Course

### Improving Upper Extremity Motor Recovery Following Neurological Injury

This 8-hour online self-study course includes video lecture and practical guidance that will certify you to use Saebo's Functional Dynamic Orthoses on clients that have had a neurological injury. This innovative course offers training which will enable you to incorporate the latest evidence based treatment approaches for UE neurological rehabilitation for those individuals who are appropriate. The course will review current research findings related to the treatment of the hemiparetic UE, teach you to identify which clients with a variety of diagnoses will benefit, teach you how to correctly fit and adjust the Orthoses, as well as teach you to establish client specific treatment plans that can be immediately incorporated into clinical practice.

**OBJECTIVES:** Upon completion of this online course the participant will be able to:

1. Identify common upper extremity impairments following a stroke
2. Demonstrate awareness of current research evidence for common treatment strategies for the upper hemiparetic limb
3. Describe the principles of Saebo's Functional Dynamic Orthoses (*SaeboFlex* and *SaeboReach*) and the Saebo Arm Training Program
4. Describe the principles of the *SaeboStretch* resting hand splint
5. Identify the components that make up Saebo's Orthoses
6. Perform a clinical evaluation of the hemiparetic upper extremity for the appropriateness of the Orthoses
7. Complete the fitting procedure for the Saebo Orthoses
8. Develop a patient specific Saebo Arm Training treatment plan
9. Describe how to incorporate the Orthoses and Saebo Arm Training principles into your current treatment practice
10. Describe how the use of Saebo's products and programs support evidence based practice

#### AGENDA:

##### 1. Online Recorded (Self Study – 5 hour Agenda):

- Overview of stroke, stroke statistics and common UE neurological impairments.
- Review of evidence based UE neurological rehabilitation.
- Introduction to Saebo's Dynamic Functional Orthoses (*SaeboFlex/SaeboReach*) and how they work.
- Clinical evaluation of the UE to assess appropriateness for Saebo Orthoses.
- Measuring for Saebo Orthoses.
- Review SaeboFlex, SaeboReach, and SaeboStretch fitting procedures.
- Case Studies and Troubleshooting.
- Arm Training Program treatment and principles

2. **Practical Fitting:** Registrants will be required to successfully assess, measure, fit and treat an appropriate client as part of the course requirements to obtain certification of a Saebo Trained Therapist This session may be conducted remotely for individuals, with evidence provided for assessments; or as part of a scheduled lab session for Hospitals purchasing a Saebo kit.

3. **Post Test:** Research, identify, and submit your post- test answers (allow 30 minutes for these completion tasks).

**Course fee: \$165.00 (gst incl.)** includes Online Saebo Course, Manual, and Measuring Kit

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Formerly  
Patterson Medical



## Saebo Self-Study Certification Course Registration

### Improving Upper Extremity Motor Recovery Following Neurological Injury

Attendee Name: \_\_\_\_\_ Discipline: OT / PT / OTHER  
Contact Number: \_\_\_\_\_ Facility Name: \_\_\_\_\_  
Home Address: \_\_\_\_\_ Facility Address: \_\_\_\_\_  
State: \_\_\_\_\_ Post Code: \_\_\_\_\_ State: \_\_\_\_\_ Post Code: \_\_\_\_\_  
Email Address: \_\_\_\_\_

**Course fee:** \$165.00 (gst incl.)

Online Saebo Course/Manual/Measuring Kit	\$165.00 (gst incl.)
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#### Credit card details: (Please complete)

Mastercard  Visa  AMEX (AMEX payments attract a fee of 3% of the transaction total) TOTAL \$165.00 (gst incl.)

Card No.

Cardholder Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Expiry Date \_\_\_/\_\_\_ CCV: \_\_\_\_\_

#### Important:

In order to complete the Saebo Therapist Certification and maximise the learning experience, registrants will assess, measure, fit and treat a neurological patient. This session may be conducted remotely for individuals, with evidence provided for assessments; or as part of a scheduled lab session for Hospitals purchasing a Saebo kit.

For details please contact Emma Ellison, Saebo Certified Trainer on 0413 888 519.

#### Criteria:

**Shoulder:** 15 degrees of active movement in any plane

**Elbow:** 15 degrees of active elbow flexion

**Hand:** ¼ range active finger flexion (25% fist)

**PROM:** Able to passively extend the client's wrist to 15 degrees of extension with MCP's, PIP's, DIP's in neutral.

If you are unsure if your client meets the clinical criteria, please contact your local representative or email [sales@performhealth.com.au](mailto:sales@performhealth.com.au).

#### What Next?:

Complete this form and email to [sales@performhealth.com.au](mailto:sales@performhealth.com.au). You application will be processed and you will be sent a confirmation email with details for logging into the Saebo online portal and will be able to commence your self-directed study straight away.