



The Grief Recovery Method®

A Unique Approach

WHETHER YOUR PAIN IS FROM:

- Death
- Divorce
- Disease
- Anticipated Loss
- Loss of Career
- Loss of Trust
- Loss of Home
- 40+ Other Losses

Your feelings are normal and natural.

People say you have to let go and move on, but how do you do that?

~ WE SHOW YOU HOW ~



This **8-week program** guides you through completing unresolved grief.

You can fully engage life while honoring your memories. You can enhance your relationships and improve your health.

Experience the healing and increased joy that recovery brings.

For More Information visit www.BethNotarius.com/Grief

BEGINS: WEDNESDAY, 10:30—12:30 PM
STARTING OCT 25, 2017

DURATION: 8 WEEKS *(Not a Drop-In Group
Veterans Encouraged)*

LOCATION: ST PAUL'S EPISCOPAL CHURCH
200 W ST PAUL STREET
BRIGHTON, MI 48116
(BASEMENT ENTRANCE)

COST: \$349* INCLUDES BOOK & MATERIALS
**Discounts Available for Heroes*

Due to the level of personal support, space is limited.
Register today to reserve your spot.

Pre-registration is requested by Tue, October 24.



CONTACT:

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CERTIFIED GRIEF RECOVERY SPECIALIST®