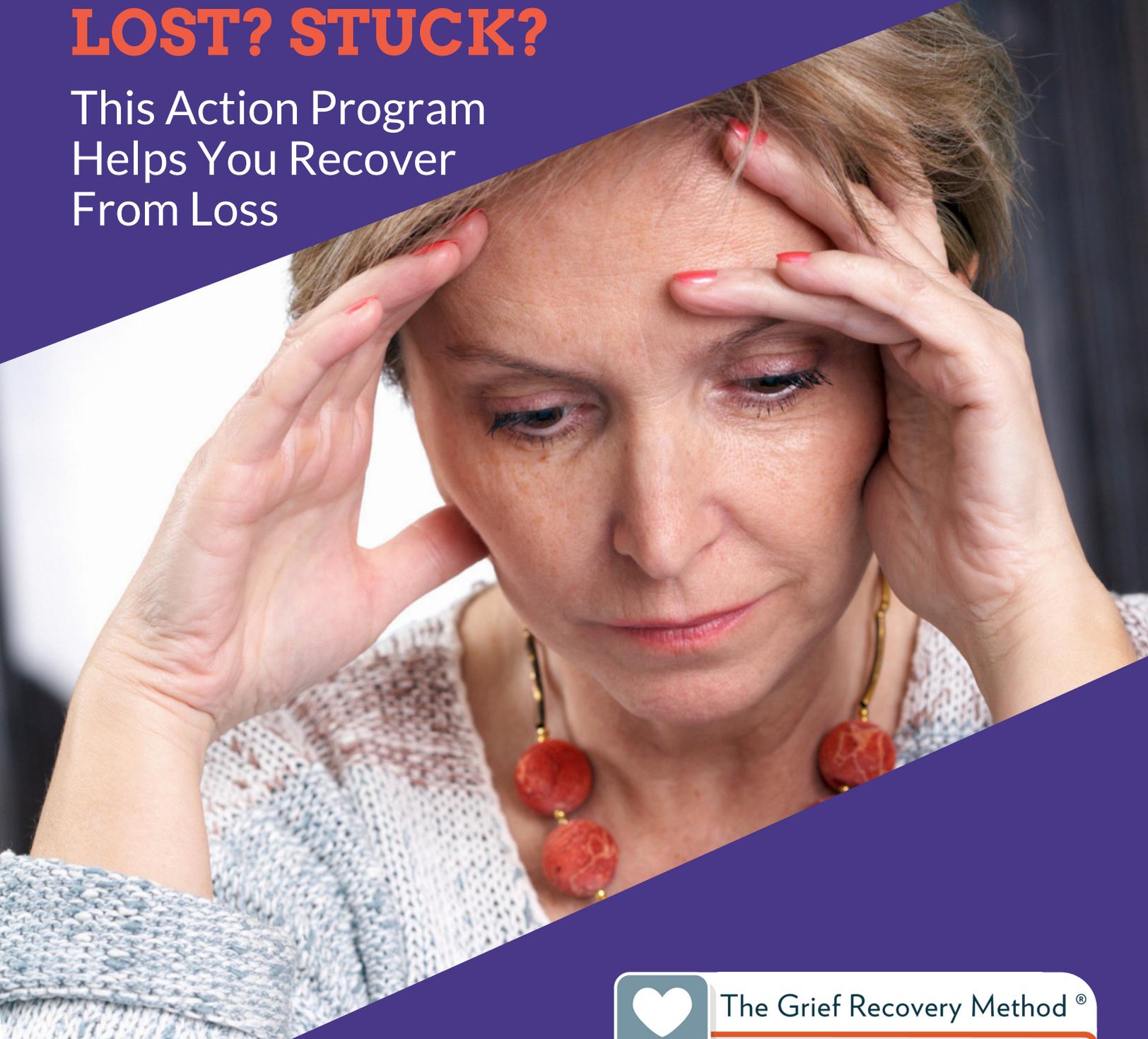


IS YOUR HEART BROKEN? LOST? STUCK?

This Action Program
Helps You Recover
From Loss



The Grief Recovery Method®



Grief Recovery Group

248-919-7617

www.BethNotarius.com

WeCare@BethNotarius.com

*Make Peace
Increase Joy
Realize a New You!*



The Grief Recovery Method®
by The Grief Recovery Institute®

Unresolved grief affects your present and plays havoc with your future.

Whether Your Grief is From

- Death
- Divorce
- Pet Loss
- Trauma
- Health
- Anticipatory
- Loss of Trust
- Any Loss

We help you

- Let go of the pain
- Heal the past
- Enjoy the present
- Look forward to the future
- Increase your capacity for joy

In this 10-week program, a Certified Grief Recovery Specialist® will guide you, step-by-step, in taking the actions to complete unresolved grief.

Discover a different Method for real results!

Beth Notarius



January Groups

SATURDAY, JAN 6, 2018

10:00 AM - 12:00 PM

Perspectives Therapy Services
120 Flint Road
Brighton, MI 48116

TUESDAY, JAN 23, 2018

6:30 PM - 8:30 PM

St Paul's Episcopal Church
200 W St. Paul St
Brighton, MI 48116
(Basement Entrance)

Not a drop-in group. Weekly attendance is required.

Registration open through the 2nd week.