

Terminology

- ❖ **LGBTQ** - Stands for lesbian, gay, bisexual, transgender, and queer. Used to describe a person or persons of diverse sexual orientation or gender identity. Can also appear as **LGBT**, **LGBTQIA**, or as just **queer**.
- ❖ **Transgender** - A person who does not identify with the gender they were assigned at birth; could be FTM or MTF, or non-binary.
- ❖ **Non-binary** - Someone who does not identify with either girl or boy. Can be used interchangeably with **Gender non-conforming**.
- ❖ **Cisgender** – A person who identifies with the gender that they were assigned at birth.
- ❖ **Pronouns** - Words like “she/her” “he/him” or “they/them”

Gender Neutral Pronouns

They/Them/Theirs

Xe/Xem/Xyrs

Ze/Hir/Hirs

Ze/Zem/Zirs

Ey/Em/Eirs

Gender Neutral Alternatives to Common Sayings

Instead of “**How are you guys doing today?**” try “**How are you folks doing today?**”

Instead of “**Ladies and gentlemen.**” try “**Esteemed Guests.**”

Instead of “**Man-made.**” try “**Artificial.**”

Instead of “**Average man.**” try “**Average person.**”

Instead of “**Manpower.**” try “**personnel.**”

Instead of “**Man-kind.**” try “**Humanity.**”

Instead of “**Best man for the job.**” try “**Best person for the job.**”