

**T H E   S A C R E D   S P A C E   M I A M I   P R E S E N T S**

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**M O D E R N L I F E**

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**M I N D F U L N E S S   F E S T I V A L**

## **FESTIVAL FAQs**

### **DO YOU OFFER REFUNDS?**

Sorry... no refunds but truly, you don't want to miss this!

### **ARE THERE ID REQUIREMENTS OR AN AGE LIMIT TO ENTER THE EVENT?**

All participants must be 14 or older.

### **MAY I PURCHASE TICKETS ON-SITE?**

Yes, of course. Online ticket sales close at midnight the evening before the Festival. Festival day you can purchase a ticket on-site using a credit card. We will NOT be accepting cash on-site. Festival ticket prices are as follows:

- \$69 morning session
- \$79 afternoon session
- \$129 full, which includes the Sacred Space Inclusive Launch Party starting at 8pm

### **I AM ON-SITE AND I LOVE IT... I WANT TO STAY THE ENTIRE DAY. HOW WOULD THAT WORK?**

You can upgrade your ticket for \$50 at Registration located at the entrance of the Festival.

### **WHAT SHOULD I BRING TO THE EVENT?**

- Refillable water bottle - there will be water stations throughout the Festival grounds
- Meditation pillow or yoga mat
- Government -issued ID (required for check in at entrance)
- Credit card - on-site food vendors will accept card only NO CASH
- Sunscreen

NOTE: The festival organizer is not responsible for lost or stolen articles at the event.

### **WHAT SHOULD I WEAR?**

Definitely bring something comfortable. We have meditations, yoga, sound bowl healing, a barre class. You want to be able to move freely about the day. The evening after party is casual attire.

### **HOW CAN I GET TO THE FESTIVAL?**

We encourage all guests to cab, Uber, bike or walk to the Festival. Bike racks will be provided for those who choose to pedal themselves over to the Festival.

**I WANT TO DRIVE, WHERE CAN I PARK?**

The Sacred Space has multiple street parking surrounding the Festival grounds as well as garage lots that are just blocks away. Street Parking is also available for \$5 per car. Please keep in mind this is limited parking, so please plan accordingly. Just follow the signs for Parking as you arrive to the Festival.

**WILL THERE BE FOOD AND DRINK?**

Yes, we will have a couple of your local favorites selling meals, snacks and beverages throughout the day. Please note all food will be plant-based. Also, they will only accept CREDIT CARDS- no cash. You can also enjoy a meal at Plant Food and Wine restaurant on Festival grounds.

**WHERE CAN I SEE A LIST OF THE SPEAKERS AND THE SCHEDULE?**

Please visit the App Store to download the Festival app (<https://guidebook.com/g/modernlifefest/>). The Festival app is free to all. All classes and talks will begin promptly at their scheduled times. Please arrive early to all classes, we recommend 10 minutes prior.

**WHAT ABOUT WEATHER?**

In the case of rain, there will be an alternative schedule. Festival organizers shall have no responsibility, financial or otherwise, for event cancellation or interruption due to inclement weather or acts beyond its control. Festival organizers shall not refund for cancellation due to inclement weather or other acts beyond its control.

**THIS IS DOPE. HOW CAN I SHARE FESTIVAL INFO WITH MY PEOPLE?**

Please share with your tribe! Our official tag is #modernlifefest. Also check out our Snapchat filter onsite day of the festival (we're very proud!) Connect with us on IG @modernom and FB [facebook.com/modernlifefest](https://www.facebook.com/modernlifefest).

**I'D LIKE TO VOLUNTEER, WHO MAY I CONTACT?**

We are so excited you are interested in joining this mindful group of individuals who are lending their time to help make Miami a strong mindful community (and... you get great swag!). Reach out to [info@modernom.co](mailto:info@modernom.co) We will get you all set-up!

**WHERE CAN I CONTACT THE ORGANIZER WITH ANY QUESTIONS?**

Write us, we'd love to hear from you at [info@modernom.co](mailto:info@modernom.co)