

# DESCRIPTION OF SERVICES

**RESPIRATORY PACKAGE:** Includes pulmonary function, questionnaire, vital signs, qualitative fit, respiratory training, and documentation.

**PULMONARY FUNCTION TEST:** Using a portable spirometer, tests for lung capacity before employees may wear a respirator. Usually done with pre-respirator fitness and questionnaire. Employer receives certification with physician's signature.

**PRE-RESPIRATOR FITNESS:** Respirator use questionnaire, vital signs, and medical history sent to physician, along with pulmonary function test.

**RESPIRATOR FIT TEST:**

Qualitative: Using hood and bitter solution, technician confirms proper respirator size and fit for respirators that require a 100 fit factor.

Quantitative: Fit test using PortaCount equipment for any tight-fitting face piece respirator.

**BLOOD DRAWS FOR LEAD/ZPP:** Blood drawn and sent to lab to test for lead and ZPP levels. Both employers and employees receive copies of all test results.

**LEAD PACKAGE:** Includes blood draw, training, and documentation.

**24-HOUR FIRST AID RESPONSE:** Technicians are dispatched to your jobsite to assist injured workers. First Aid level injuries are treated in a timely manner. If needed, workers are sent to a designated health care provider.

**DRUG TESTING:** Urine collections done with or without breath alcohol testing. DOT and private panels using customer's forms and lab or On-Site's forms, lab and MRO. Programs may be managed by existing consortiums. Collections include pre-employment, post accident, reasonable cause, random selections, etc.

**IMMEDIATE RESULT DRUG TEST:** Urine analysis for drug screening done on-site with results available in 5-10 minutes. Standard test is DOT 5-panel. Custom panels are also available.

**AUDIOMETRY:** Hearing test performed with a portable audiometer. Meets OSHA requirements for hearing conservation programs. Each ear tested at 500, 1000, 2000, 3000, 4000, 6000 and 8000 Hz. Results are signed by a physician and sent to the employer.

**HEARING CONSERVATION PACKAGE:** Includes audiogram, training, quiz, and documentation.

**NEW HIRE ORIENTATION:** Training for new-hires done for individual companies to their specifications. May include company orientation, site-specific training, respiratory protection, fall protection, forklift, confined space, etc.

**STAND BY:** Safety technicians on-site for the duration of any size job, to provide first aid care. First aid may be provided on-site instead of sending employees off-site unnecessarily. Services may include rescue trained, confined space attendant.

**CPR AND FIRST AID TRAINING:** CPR training meets OSHA requirements. Available classes include Adult only, or Adult/Child/Infant CPR. May include a first aid class tailored to employee's workplace situations.

**SAFETY TRAINING CLASSES:** Classes are taught to meet the requirements of a particular job or company. A complete list of classes is available. Taught in both English and Spanish.

**CONTRACT SAFETY PERSONNEL:** Technicians on-site for the duration of any job to assist safety staff, manage injuries, provide safety training, perform audits, and record keeping.

**WELLNESS SCREENING:** Collection of health-related data for use in wellness programs.

## 24-HOUR MOBILE SERVICES

ALL SERVICES AVAILABLE IN BOTH ENGLISH AND SPANISH

866-998-2750



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HEALTH & SAFETY®

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Effective Jan 01, 2020

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# FIRST AID SERVICES

*"The outcome of occupational injuries depends not only on the severity of the injury, but also the rendering of first aid care. Prompt, properly administered first aid care can mean the differences between life and death, rapid vs. prolonged recovery, temporary vs. permanent disability."*

-Fed OSHA CPL 2-2.53

- 24-Hour mobile first aid service
- Technician dispatched to jobsite as needed to assist with incidents involving non-life-threatening injuries

## SERVICES INCLUDE:

- All First Aid Treatment
- First Aid Report Completed and Forwarded to Designated Contact
- Unlimited Telephone Access to On-Call Technician for Field Supervisors
- Referrals, if Needed, to Employer Clinic
- Drug Testing
- Appropriate Management of First Aid Level Occurrences
- Investigation and Root Cause Analysis Assistance

## FIRST AID INSTRUCTION

- CPR and/or First Aid Classes for 1-30 People
- Training for Site Staff to Respond Appropriately and Effectively to Incidents in the Workplace.

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# SERVICE AREAS

\*Service areas include the following:

- **California**
  - Santa Rosa – Marin – Eureka – Redding
  - Sacramento/Solano
  - Oakland/Bay Area – San Francisco – San Jose
  - San Luis Obispo – Santa Barbara
  - Modesto/Stockton – Fresno – Bakersfield
  - Los Angeles – Riverside – San Bernardino
  - Orange County – San Diego
- **Arizona**
  - Phoenix – Prescott – Scottsdale
  - Tucson – Yuma
- **Nevada**
  - Las Vegas – Reno
- **Washington**
  - Seattle – Spokane - Yakima - Pullman
- **Oregon**
  - Portland – Eugene
- **Idaho**
  - Coeur d'Alene
- **Florida**
  - Central - South
- **North Carolina**
  - Raleigh - Durham
  - Charlotte - Winston-Salem - Greensboro
- **Colorado**
  - Denver – Colorado Springs – Fort Collins
- **Massachusetts**
  - Greater Boston Area
- **Missouri/Illinois/Kansas**
  - St. Louis – Columbia – Greater Kansas City Area
- **Virginia/Maryland**
  - Greater Washington D.C. Area

\*Services may be provided outside of the listed areas. Additional out-of-range fees may apply. Please call to inquire.

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# CALIFORNIA - MASSACHUSETTS - WASHINGTON

The following is a price list for services provided by On-Site Health & Safety. All prices are for work done at customer's work-site, or our office, and are subject to change without notice.

<b>DESCRIPTION</b>	<b>COST</b>
<b>Respiratory Package</b> (qualitative)	\$140.00
<b>Respiratory Package</b> (quantitative)	\$150.00
<b>Respiratory Questionnaire with Pulmonary Function Test</b>	\$95.00
<b>Qualitative Fit Test</b> (Training = additional \$25.00)	\$40.00
<b>Quantitative Fit Test</b> (Training = additional \$25.00)	\$52.00
<b>Blood Draws for Lead/ZPP</b> (does not include lab and MD fees)	\$75.00
<b>Incident Response</b> (per response)	\$395.00
<b>Incident Follow Up</b> (per response)	\$215.00
<b>Telehealth</b> (with incident response)	<i>Included</i>
<b>Telehealth</b> (call only, without incident response)	\$85.00
<b>Urine Collection</b>	\$34.00
<b>Breath Alcohol</b>	\$25.00
<b>Drug Screen</b> (includes collection, lab, and MRO)	\$69.00
<b>Immediate-Result Drug Tests</b> (using our kit and MRO services)	\$58.00
<b>Immediate-Result Drug Tests</b> (using customer's kit and MRO services)	\$48.00
<b>Audiogram</b>	\$47.00
<b>Wellness Screening</b>	\$105.00
<b>On-Site First Aid Personnel</b>	Quote per Job
<b>New-Hire Orientation</b>	Priced as package
<b>After-Hours Fee</b> (after 5:00pm / before 6:00am / all weekends and holidays)	\$215.00
<b>Training Classes</b> (Spanish or English)	\$275.00/hr --See Class List
<b>ADULT CPR &amp; BASIC INDUSTRIAL FIRST AID:</b>	
Max. 10 People	\$625.00
Max. 20 People	\$725.00
Max. 30 People	\$825.00
Minimum charge required for on-site service	\$100.00

Please call for special quotes. Quantity pricing is available. Services may be grouped together and priced as a package.

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**ARIZONA - NEVADA - MISSOURI - ILLINOIS- KANSAS - OREGON  
IDAHO - COLORADO - FLORIDA - NORTH CAROLINA - D.C. - VIRGINIA - MARYLAND**

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<b>DESCRIPTION</b>	<b>COST</b>
<b>Respiratory Package</b> (qualitative)	\$135.00
<b>Respiratory Package</b> (quantitative)	\$145.00
<b>Respiratory Questionnaire with Pulmonary Function Test</b>	\$91.00
<b>Qualitative Fit Test</b> (Training = additional \$25.00)	\$40.00
<b>Quantitative Fit Test</b> (Training = additional \$25.00)	\$52.00
<b>Blood Draws for Lead/ZPP</b> (does not include lab and MD fees)	\$70.00
<b>Incident Response</b> (per response)	\$375.00
<b>Incident Follow Up</b> (per response)	\$215.00
<b>Telehealth</b> (with incident response)	<i>Included</i>
<b>Telehealth</b> (call only, without incident response)	\$85.00
<b>Urine Collection</b>	\$34.00
<b>Breath Alcohol</b>	\$25.00
<b>Drug Screen</b> (includes collection, lab and MRO)	\$69.00
<b>Immediate-Result Drug Tests</b> (using our kit and MRO services)	\$58.00
<b>Immediate-Result Drug Tests</b> (using customer's kit and MRO services)	\$48.00
<b>Audiogram</b>	\$47.00
<b>Wellness Screening</b>	\$90.00
<b>On-Site First Aid Personnel</b>	Quote per Job
<b>New-Hire Orientation</b>	Priced as package
<b>After-Hours Fee</b> (after 5:00 pm / before 6:00 am / all weekends and holidays)	\$195.00
<b>Training Classes</b> (Spanish or English)	\$195.00/hr – See Class List

**ADULT CPR & BASIC INDUSTRIAL FIRST AID:**

Max. 10 People	\$595.00
Max. 20 People	\$695.00
Max. 30 People	\$795.00
Minimum charge required for on-site service	\$75.00

Please call for special quotes. Quantity pricing is available. Services may be grouped together and priced as a package.

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## **IN CASE OF INJURY**

FOR ALL **LIFE THREATENING** INJURIES CALL **911**

LIFE THREATENING INJURIES ARE THOSE THAT INVOLVE:

- **LOSS OF CONSCIOUSNESS**
- **AIRWAY COMPROMISE**
- **BREATHING DIFFICULTY**
- **CIRCULATORY COMPROMISE**
- **OBVIOUS LONGBONE FRACTURES**
- **POSSIBILITY OF TRAUMATIC NECK OR BACK INJURY**
- **LARGE BURNS**
- **BURNS THAT INVOLVE THE FACE OR GENITAL AREA**

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## **ALL OTHER INJURIES:**

ON-SITE HEALTH & SAFETY

RESPONSE DIRECTLY TO YOUR WORKSITE

24 HOURS / 7 DAYS

**866-998-2750**

**ALTERNATE AFTER-HOURS PHONE NUMBERS:**

**MOBILE: 925-525-9855 | 925-525-9851**

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Skip the phone call...**Schedule Online!**

[www.OSHSdispatch.com](http://www.OSHSdispatch.com)



# INCIDENT RESPONSE SERVICE

1. Call for response to worksite: **866-998-2750 24-hours / 7 days**
2. Technician arrives, takes report from employee, and provides first aid care.
3. Notification - Recommendation - Report
4. Phone call follow-up
5. Drug test, if requested

## TYPES OF INCIDENTS:

- A. Non-injury, post-incident drug screen
  - B. Non-injury, reasonable cause drug test
  - C. First aid and report
- + ABRASIONS
  - + LACERATIONS
  - + BURNS
  - + FOREIGN BODY
  - + EYE IRRITATION
  - + NECK OR BACK PAIN
  - + EXTREMITY INJURY
  - + HEALTH ILLNESS / UNKNOWN ILLNESS

TYPE OF INJURY	MANAGED ON SITE WITH FIRST AID	MEDICAL CARE REQUESTED OR RECOMMENDED
BACK PAIN	87.50%	12.50%
LACERATIONS	93%	7%
EYE IRRITATION	87.70%	12.20%
HAND/ARM/SHOULDERS	90.00%	10.00%
FOOT/ANKLE/KNEE/LEG	90.00%	10.00%

On-Site Health & Safety does NOT PROVIDE MEDICAL services.

Investigation, report, and FIRST AID ONLY!!!

# SAFETY CLASSES (SPANISH & ENGLISH)

- + ASBESTOS AWARENESS
- + AUTOMATIC DEFIBRILLATOR
- + BACK CARE/PROPER LIFTING
- + BLOODBORNE PATHOGENS
- + BOOM LIFT OPERATOR
- + COMPANY ORIENTATIONS
- + CONFINED SPACE RESCUE
- + CONFINED SPACE ENTRY
- + CPR — ADULT WITH BASIC INDUSTRIAL FIRST AID
- + CPR—ADULT
- + DISASTER PREPAREDNESS
- + EMERGENCY RESPONSE — SITE SPECIFIC
- + FALL PROTECTION
- + FIRE EXTINGUISHERS
- + FIRST AID — INDUSTRIAL
- + FORKLIFT OPERATOR
- + HEARING CONSERVATION
- + HEAT ILLNESS PREVENTION
- + INCIDENT COMMAND SYSTEMS
- + JOB HAZARD ANALYSIS
- + LEAD EXPOSURE AWARENESS
- + LOCKOUT/TAGOUT
- + OSHA 10 HR.
- + OSHA 30 HR.
- + POST TRAUMATIC STRESS RESPONSE
- + RESPIRATOR USE
- + SAFETY PERMIT
- + SAFETY TRAINING — CUSTOMIZED
- + SCAFFOLD SAFETY
- + SCISSOR LIFT OPERATOR
- + STRESS MANAGEMENT
- + SUBSTANCE ABUSE AWARENESS IN THE WORKPLACE

Class length can be tailored to company's specific requirements.

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# WHAT TO EXPECT WHEN CALLING



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