



Patient Name:	Date:
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Knee Outcome Survey Sports Activities (SAS)

(check one an	(5)	(4)	(3)	(2)	(1)	(0)
	Never have	Have, but does not affect my sports activity	Affects sports activity slightly	Affects sports activity moderately	Affects sports activity severely	Prevents me from all sports activity
Paln	•					
Grinding or grating						
Stiffness						
Swelling						
Slipping or partlal giving way of knee						
Buckling or full giving way of knee						
Weakness						
Column Total						
		Sports Activiti	ies: How does	your knee affect	your ability to:	(check one
answer on eac						
Run straight	(5) Not difficult at all	(4) Minimally difficult	(3) Somewhat difficult	(2) Fairly difficult	(1) Very difficult	(0) Unable to do
Run straight thead fump and fand on your	(5) Not difficult		Somewhat	(2) Fairly difficult	(1) Very difficult	
Run straight shead fump and land on your nvolved leg stop and start	(5) Not difficult		Somewhat	(2) Fairly difficult	(1) Very difficult	
Run straight thead fump and land on your nvolved leg stop and start uickly ut and pivot n your	(5) Not difficult		Somewhat	(2) Fairly difficult	(1) Very difficult	
Run straight shead fump and land on your nvolved leg Stop and start pulckly Cut and pivot nyour nvolved leg	(5) Not difficult		Somewhat	(2) Fairly difficult	(1) Very difficult	
Run straight shead fump and land on your nvolved leg start suickly sut and pivot n your nvolved leg solumn Total scoring: The fire, 2, 1, and 0 for column, and 2 is column.	Not difficult at all at all rst column is sor the last colum of for the SAS stems in the sec		or each item, for nts from all iten ple, if the indivitotal points wo		esive columns bethen divided by	Unable to do by scores of 4, 755 and the first
Run straight shead fump and land fump and land funding the start start suickly column Total scoring: The final start suicing the start sui	Not difficult at all rst column is sor the last colum of for the SAS stems in the security.	cored 5 points fo nn. The total poi score, For exam ond column the S score would the	or each item, for nts from all iten ple, if the indivitotal points wo hen be 53/55 x	llowed in succes ns are summed, dual places mar uld be 9x5 = 45 100 = 96%.	esive columns be then divided by ks for 9 items in points, plus 2 x	Unable to do ———— by scores of 4, 7 55 and the first 4 = 8 points,
Run straight shead fump and land fump and land funder leg stop and start suickly cut and pivot in your fivolved leg foliumn Total scoring: The first, 2, 1, and 0 for sultiplied by 10 clumn, and 2 in a total of 53	Not difficult at all rst column is sor the last colum of for the SAS stems in the security.	cored 5 points fon. The total poi	or each item, for nts from all iten ple, if the indivitotal points wo hen be 53/55 x	llowed in succes ns are summed, dual places mar uld be 9x5 = 45 100 = 96%.	esive columns be then divided by ks for 9 items in points, plus 2 x	Unable to do by scores of 4, 755 and the first