

Pre and post viewing hints & tips

Preparation and debrief instructions for using Cornerstone's VR library



PRE-VIEWING

- Ensure the person is seated
- If they wear glasses ask them if they would mind removing them, but this is not essential
- Explain that this content relates to children who have come into the care system and it can provoke emotion during or after watching
- Be clear that these are actors who took part in the film making
- Explain that this has been filmed in 360 – and that this is immersive content. For this reason, tell the person to look all around once the episode starts
- Ensure the person is clear that they can remove the headset at any time if they wish – e.g. if they feel nauseous or triggered
- Ensure the person knows they can raise their hand if they need your help with the headset

POST-VIEWING

- Help them take the kit off and try to gauge emotion
- Have a tissue to hand and offer it to them
- Stand back a little and don't speak straight away, then start to engage in conversation
- They may want to say something first. You could ask them "how was that for you?"
- Don't ask too many questions – rather say what you think – this allows them to engage or not
- Don't talk to them for too long and be discreet with their emotions
- Do point out if there is a red mark on their forehead where the goggles have been
- Give them time to adjust their hair/glasses