

DESCRIPTION OF SERVICES

RESPIRATORY PACKAGE: Includes pulmonary function, questionnaire, vital signs, qualitative fit, respiratory training, and documentation.

PULMONARY FUNCTION TEST: Using a portable spirometer, tests for lung capacity before employees may wear a respirator. Usually done with pre-respirator fitness and questionnaire. Employer receives certification with physician's signature.

PRE-RESPIRATOR FITNESS: Respirator use questionnaire, vital signs, and medical history sent to physician, along with pulmonary function test.

RESPIRATOR FIT TEST:

Qualitative: Using hood and bitter solution, technician confirms proper respirator size and fit for respirators that require a 100 fit factor.

Quantitative: Fit test using PortaCount equipment for any tight-fitting face piece respirator.

BLOOD DRAWS FOR LEAD/ZPP: Blood drawn and sent to lab to test for lead and ZPP levels. Both employers and employees receive copies of all test results.

LEAD PACKAGE: Includes blood draw, training, and documentation.

24-HOUR FIRST AID RESPONSE: Technicians are dispatched to your jobsite to assist injured workers. First Aid level injuries are treated in a timely manner. If needed, workers are sent to a designated health care provider.

DRUG TESTING: Urine collections done with or without breath alcohol testing. DOT and private panels using customer's forms and lab or On-Site's forms, lab and MRO. Programs may be managed by existing consortiums. Collections include pre-employment, post accident, reasonable cause, random selections, etc.

IMMEDIATE RESULT DRUG TEST: Urine analysis for drug screening done on-site with results available in 5-10 minutes. Standard test is DOT 5-panel. Custom panels are also available.

AUDIOMETRY: Hearing test performed with a portable audiometer. Meets OSHA requirements for hearing conservation programs. Each ear tested at 500, 1000, 2000, 3000, 4000, 6000 and 8000 Hz. Results are signed by a physician and sent to the employer.

HEARING CONSERVATION PACKAGE: Includes audiogram, training, quiz, and documentation.

NEW-HIRE ORIENTATION: Training for new-hires done for individual companies to their specifications. May include company orientation, site-specific training, respiratory protection, fall protection, forklift, confined space, etc.

STAND BY: Safety technicians on-site for the duration of any size job, to provide first aid care. First aid may be provided on-site instead of sending employees off-site unnecessarily. Services may include rescue trained, confined space attendant.

CPR AND FIRST AID TRAINING: CPR training meets OSHA requirements. Available classes include Adult only, or Adult/Child/Infant CPR. May include a first aid class tailored to employee's workplace situations.

SAFETY TRAINING CLASSES: Classes are taught to meet the requirements of a particular job or company. A complete list of classes is available. Taught in both English and Spanish.

CONTRACT SAFETY PERSONNEL: Technicians on-site for the duration of any job to assist safety staff, manage injuries, provide safety training, perform audits, and record keeping.

WELLNESS SCREENING: Collection of health-related data for use in wellness programs.

24-HOUR MOBILE SERVICES

ALL SERVICES AVAILABLE IN BOTH ENGLISH AND SPANISH



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FIRST-AID SERVICES

"The outcome of occupational injuries depends not only on the severity of the injury, but also the rendering of first-aid care. Prompt, properly administered first aid care can mean the differences between life and death, rapid vs. prolonged recovery, temporary vs. permanent disability."

-Fed OSHA CPL 2-2.53

- 24-Hour mobile first-aid service
- Technician dispatched to jobsite as needed to assist with incidents involving non-life-threatening injuries

SERVICES INCLUDE:

- All First-Aid Treatment
- First-Aid Report Completed and Forwarded to Designated Contact
- Unlimited Telephone Access to On-Call Technician for Field Supervisors
- Referrals, if Needed, to Employer Clinic
- Drug Testing
- Appropriate Management of First-Aid Level Occurrences
- Investigation and Root Cause Analysis Assistance

FIRST-AID INSTRUCTION

- CPR and/or First-Aid Classes for 1-30 People
- Training for Site Staff to Respond Appropriately and Effectively to Incidents in the Workplace.

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SERVICE AREAS

*Service areas include the following:

- **California**

- Marin - Santa Rosa – Eureka - Redding
- Sacramento/Solano
- Oakland/Bay Area – San Francisco – San Jose
- San Luis Obispo – Santa Barbara
- Modesto/Stockton – Fresno – Bakersfield
- Los Angeles – Riverside – San Bernardino
- Orange County – San Diego

- **Arizona**

- Phoenix – Prescott – Scottsdale
- Tucson – Yuma

- **Nevada**

- Las Vegas – Reno

- **Washington**

- Seattle - Spokane - Yakima - Pullman

- **Oregon**

- Portland – Eugene

***Services may be provided outside of the listed areas. Additional out-of-range fees may apply. Please call to inquire.

- **Idaho**

- Coeur d'Alene

- **Florida**

- Jacksonville
- Orlando - Tampa - Fort Myers - Fort Lauderdale
- Port St. Lucie - West Palm Beach - Miami

- **North Carolina**

- Raleigh - Durham
- Charlotte - Winston-Salem - Greensboro

- **Colorado**

- Denver - Colorado Springs - Fort Collins

- **Massachusetts**

- Greater Boston Area

- **Missouri/Illinois/Kansas**

- St. Louis - Columbia - Greater Kansas City Area

- **Virginia/Maryland**

- Greater Washington D.C. Area

- **Texas**

- Dallas - Fort Worth Metroplex - Austin - San Antonio

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**ARIZONA - NEVADA - MISSOURI - ILLINOIS - KANSAS - OREGON - TEXAS
IDAHO - COLORADO - FLORIDA - NORTH CAROLINA - D.C. - VIRGINIA - MARYLAND**

The following is a price list for services provided by On-Site Health & Safety. All prices are for services provided at the customer's work-site, or at one of our offices nationwide. Prices are subject to change without notice.

DESCRIPTION	COST
Respiratory Package (qualitative)	\$147.00
Respiratory Package (quantitative)	\$158.00
Respiratory Questionnaire with Pulmonary Function Test	\$99.00
Qualitative Fit Test	\$46.00
Quantitative Fit Test	\$58.00
Blood Draws for Lead/ZPP (does not include lab and MD fees)	\$80.00
Incident Response (per response)	\$425.00
Incident Follow Up (per response)	\$245.00
Telehealth (with incident response)	<i>Included</i>
Telehealth (call only, without incident response)	\$95.00
Urine Collection	\$42.00
Breath Alcohol	\$40.00
Drug Screen (includes collection, lab, and MRO)	\$75.00
Immediate-Result Drug Tests (using our kit and MRO services)	\$65.00
Immediate-Result Drug Tests (using customer's kit and MRO services)	\$54.00
Audiogram	\$47.00
Wellness Screening	\$138.00
On-Site First Aid Personnel	Quote per Job
New-Hire Orientation	Priced as package
After-Hours Fee (after 5:00pm / before 6:00am / all weekends and holidays)	\$220.00
Training Classes (Spanish or English)	\$230.00/hr –See Class List

Minimum charge required for on-site service \$85.00

Fuel Surcharges May Apply

ADULT CPR & BASIC INDUSTRIAL FIRST AID:

Max. 10 People	\$650.00
Max. 20 People	\$750.00
Max. 30 People	\$850.00

Please call for special quotes. Quantity pricing is available. Services may be grouped together and priced as a package.

24-HOUR MOBILE SERVICES

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CALIFORNIA - MASSACHUSETTS - WASHINGTON

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Audiogram	\$47.00
Wellness Screening	\$148.00
On-Site First Aid Personnel	Quote per Job
New-Hire Orientation	Priced as package
After-Hours Fee (after 5:00 pm / before 6:00 am / all weekends and holidays)	\$230.00
Training Classes (Spanish or English)	\$280.00/hr – See Class List
ADULT CPR & BASIC INDUSTRIAL FIRST AID:	
Max. 10 People	\$675.00
Max. 20 People	\$775.00
Max. 30 People	\$875.00

Minimum charge required for on-site service \$85.00

Fuel Surcharges May Apply

Please call for special quotes. Quantity pricing is available. Services may be grouped together and priced as a package.

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ON-SITE
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IN CASE OF INJURY

FOR ALL **LIFE-THREATENING** INJURIES CALL **911**

LIFE-THREATENING INJURIES ARE THOSE THAT INVOLVE:

- **LOSS OF CONSCIOUSNESS**
- **AIRWAY COMPROMISE**
- **DIFFICULTY BREATHING**
- **CIRCULATORY COMPROMISE**
- **OBVIOUS LONGBONE FRACTURES**
- **POSSIBILITY OF TRAUMATIC NECK OR BACK INJURY**
- **LARGE BURNS**
- **BURNS THAT INVOLVE THE FACE OR GENITAL AREA**

ALL OTHER INJURIES:

ON-SITE HEALTH & SAFETY

RESPONSE DIRECTLY TO YOUR WORKSITE

24 HOURS / 7 DAYS

866-998-2750

ALTERNATE AFTER-HOURS PHONE NUMBERS:

MOBILE: 925-525-9855 | 925-525-9851

Skip the phone call... *Schedule Online!*

www.OSHS-dispatch.com



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HEALTH & SAFETY®

INCIDENT RESPONSE SERVICE

1. Call for response to worksite: **866-998-2750 24-hours / 7 days**
2. Technician arrives, takes report from employee, and provides first-aid care.
3. Notification - Recommendation - Report
4. Phone call follow-up
5. Drug test, if requested

TYPES OF INCIDENTS:

- A. Non-injury, post-incident drug screen
- B. Non-injury, reasonable cause drug test
- C. First-aid and report

- + ABRASIONS
- + LACERATIONS
- + BURNS
- + FOREIGN BODY
- + EYE IRRITATION
- + NECK OR BACK PAIN
- + EXTREMITY INJURY
- + HEALTH ILLNESS / UNKNOWN ILLNESS

TYPE OF INJURY	MANAGED ON SITE WITH FIRST-AID	MEDICAL CARE REQUESTED OR RECOMMENDED
BACK PAIN	87.50%	12.50%
LACERATIONS	93%	7%
EYE IRRITATION	87.70%	12.20%
HAND/ARM/SHOULDERS	90.00%	10.00%
FOOT/ANKLE/KNEE/LEG	90.00%	10.00%

On-Site Health & Safety does NOT PROVIDE MEDICAL services.
Investigation, report, and FIRST-AID ONLY!!!

SAFETY CLASSES (SPANISH & ENGLISH)

- + ASBESTOS AWARENESS
- + AUTOMATIC DEFIBRILLATOR
- + BACK CARE/PROPER LIFTING
- + BLOODBORNE PATHOGENS
- + BOOM LIFT OPERATOR
- + COMPANY ORIENTATIONS
- + CONFINED SPACE RESCUE
- + CONFINED SPACE ENTRY
- + CPR — ADULT WITH BASIC INDUSTRIAL FIRST-AID
- + CPR—ADULT
- + DISASTER PREPAREDNESS
- + EMERGENCY RESPONSE — SITE SPECIFIC
- + FALL PROTECTION
- + FIRE EXTINGUISHERS
- + FIRST-AID — INDUSTRIAL
- + FORKLIFT OPERATOR
- + HEARING CONSERVATION
- + HEAT ILLNESS PREVENTION
- + INCIDENT COMMAND SYSTEMS
- + JOB HAZARD ANALYSIS
- + LEAD EXPOSURE AWARENESS
- + LOCKOUT/TAGOUT
- + OSHA 10 HR.
- + OSHA 30 HR.
- + POST TRAUMATIC STRESS RESPONSE
- + RESPIRATOR USE
- + SAFETY PERMIT
- + SAFETY TRAINING — CUSTOMIZED
- + SCAFFOLD SAFETY
- + SCISSOR LIFT OPERATOR
- + STRESS MANAGEMENT
- + SUBSTANCE ABUSE AWARENESS IN THE WORKPLACE

Class length can be tailored to company's specific requirements.

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HEALTH & SAFETY®

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WHAT TO EXPECT WHEN CALLING



YOU CALL FOR SERVICE

ON-SITE DISPATCHER TAKES CALL

FIELD TECH IS DISPATCHED

FIELD TECH ARRIVES AT WORKSITE

FIRST-AID

FIELD TECH ASSESSES WORKER'S INJURY

FIELD TECH GENERATES FIRST-AID REPORT

ON-SITE FOLLOWS UP WITH PHONE CALL

866.998.2750

www.OnSiteHealthandSafety.com