

Call for Proposals - Mental Health in Schools Summit 2025

April 11 and 12, 2025 | BANFF, ALBERTA

This international summit on Mental Health and Wellbeing in education will unite educators, researchers, counselors, policymakers, and mental health advocates to discuss the latest research and best practices. The conference aims to enhance knowledge about mental health education and showcase innovative approaches to supporting mental wellness in schools.

Key Focus Areas: The summit emphasizes a collaborative school-family-community agenda to promote mental health, prevent issues, and provide interventions for students, educators, and families through a multi-tiered support system.

Engagement: We will involve educational leaders, teachers, parents, students, and community partners to change the conversation around mental health in schools and beyond. The summit will serve as a platform for interdisciplinary discussions on innovations, trends, and practical challenges in the field.

After the success of the inaugural 2024 summit in Calgary, we recognize the need for an ongoing dialogue about school mental health. The 2025 summit will gather all stakeholders invested in youth mental health, aiming to advance knowledge and skills in practice, research, training, and policy.

Exceptional Speakers

Participants can look forward to inspiring keynote presentations and workshops led by prominent mental health professionals, including Dr. Kim Schonert-Reichl, Dr. Jody Carrington, and others.

Call for Proposals

We invite submissions on research and best practices that promote mental wellness and awareness in education. This is an opportunity to share insights that can lead to innovative solutions for improving school-based mental health and fostering collaborative professional networks.

The 3 Conference Streams are:

1. Education Systems and Leadership for Mental Health & Wellbeing
2. Diversity, Equity, Inclusion and Belonging in Schools
3. Mental Health, Wellbeing and Social Emotional Learning in Education

Possible topics may include but are not limited to:

- Mental Health Literacy, Awareness, and Support including Mental Health First Aid
- Social Emotional Learning in Schools (Elementary and High School)

- Mental Health Issues related to Learning Disorders, ADHD, Behavioral Disorders and Autism Spectrum Disorders
- Teacher, Educator Wellbeing and/or Mental Health
- Youth Mental Health, Self-Harm, Addiction, Technology usage and School-Based Interventions
- Trauma and Trauma-informed Instruction
- Leading for Mental Health and Wellbeing in Complex Times
- Supporting System Change for Mental Health in Education
- Technology, Social Media and Wellness in a Digital World
- Diversity, Equity and Inclusion in Mental Health in Schools
- The Importance of Free Play, Movement, and Outdoor Engagement
- Connections, Community and Belonging
- Supporting development of Healthy Minds, Healthy Brains, Healthy Bodies

PROPOSAL TYPE: IMPACT SESSION: 30-minute presentations accepted! Please sign up here: <https://forms.gle/zjoQHnyTSBTN85oa6>

To be considered, proposals must:

- Align with one of our conference themes.
- Be interactive, thought-provoking, and action oriented.
- Allow time for group discussion or questions.
- Proposal abstracts should be a maximum of 500 words and should address:
 - Objectives or purpose of the session
 - Educational importance for theory, policy, research, and/or practice
 - The format and approach(es) that will be used in the session to engage participants
 - Connection to the conference stream

All Presenters must be able to deliver the presentation in person in Banff, Alberta, April 11th and 12th, 2025.

KEY DATES

- September 30, 2024 – Call for proposal submissions open
- October 7, 2024 – Conference Registration opens
- December 7, 2024 – Proposal Submission Deadline
- December 21, 2024 – Notification of successful proposals
- April 9, 2025 – Conference Registration Closes
- April 10, 2025 – Welcome & Wellness Reception
- April 11 and 12, 2025 – Main conference
- April 11, 2025- Private Concert by Recording Artist Daniel Powter

LINK TO SUBMIT PROPOSALS:

<https://forms.gle/bhX2mHdWx6dqK1LQ6>

CONTACT

Questions about the event can be directed to: mhsummit@headwaterlearning.com

Dr. Gina Cherkowski she/her
Director of Research and Development