



CEO
Nathaniel Jordan
 Ministry of Wellness, INC.



What Industry Leaders
 And Top Thinkers Are
 Saying About
 "The Minister of Wellness"

Nutritional Research Foundation



"I am proud that Nate Jordan has become such a force for excellent health, with a voice and passion that cannot be restrained.

His knowledge base is broad, his motivational skill is high and his ability to change people's behavior and save lives is remarkable."

-Joel Fuhrman, M.D.
 President, Nutritional Research Foundation

EMPOWERMENT PRINCIPLES THAT ERADICATE DISEASE

Signature Programs

KNOWLEDGE BASED EMPOWERMENT

- Learn the power of proper **Nutrition Education** and break negative stereotypes about overall Health & Wellness
- Develop a foundational understanding of how to prevent and treat the top **3 killers** of all Americans every year (Cardiovascular Disease, Cancer, and Type II Diabetes) utilizing nutritional excellence
- Learn the **4 Fundamental Principles** of Eating To Live

APPLICATION BASED EMPOWERMENT

- Learn how not to fall into the "**Pleasure Trap**", and reverse the addiction to using food as a recreational drug
- Create new habits to overcome **ravenous situations** which fuels cravings for junk foods
- Learn how to "**defeat the follower**" mentality that keeps so many trapped in food addiction, obesity, and disease

CONSISTENT BASED EMPOWERMENT

- Learn to heighten your sense of awareness and revisit **healthy habits** each and every day
- Learn the power of writing down your health goals and creating a **Health & Wellness** based vision board
- Learn the importance of having a **wellness coach** and support team to keep you focused on your health goals

HEALING BASED EMPOWERMENT

- Learn to **revamp** the way you eat and live, go from unnatural to natural
- Understand the **dangers** of synthetic prescription drugs, and how true medicine is found in fresh fruits and vegetables (**G-BOMBS**)
- Learn the importance of working with a Registered Naturopathic Doctor or a Medical Doctor specializing in Nutrition & Lifestyle Medicine for optimal **whole body care**



The Minister of Wellness speaking at a conference in DC.



Bookings:
202-753-9954

**The Perfect Speaker
 For Anytime Of The
 Year!**



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**What Industry Leaders
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Professional Biography

Nathaniel Jordan is a consummate professional speaker and nationally recognized health & wellness expert. Affectionately known as **"The Minister of Wellness,"** he has earned his place as **the world's most powerful health & wellness speaker** by delivering concentrated based strategies that have an immediate impact.

Nathaniel is the author of 3 books on preventing and reversing the top three killers of ALL Americans each year including **"Prevent & Reverse ALL Disease 100% Naturally"**, **"How Nutritional Excellence Can Prevent & Reverse Heart Disease & High Blood Pressure"**, and **"How Eating a Nutrient-dense Plant-Rich Diet can Reverse Type II Diabetes In 30 Days"**. He works daily researching and studying cutting edge strategies to help clients succeed in their health journey.

Since **losing 100 pounds and reversing heart disease** in 2012, Nathaniel has health coached nearly 200 clients and boasts **DOZENS** of dramatic success stories from around the nation. Through keynote speaking and national media appearances, he's helped thousands of listeners, viewers, and conference attendees achieve maximum levels of **COMMITMENT** to their Health & Weight Loss Goals.

The Minister of Wellness has earned a reputation as being such an impactful speaker; he has been dubbed **"The Martin Luther King of Nutrition"** by several high-profile industry leaders including **Cayman Kelly - the voice of The Breakfast Club Power 105.1 in NY**. Holistic Health Gurus such as **Joel Fuhrman, MD**, trust in his leadership, experience and unmatched proven track record in **INSPIRING** audiences with **SUSTAINABLE** principles to **ERADICATE** disease.

Nathaniel Jordan's strong skill as an experienced Health Coach teaches seminar participants, **"HOW TO Techniques," "Common Sense Simplistic Approaches"** and **"Practical Application Strategies"** to acquire the necessary mindset to achieve their health & weight loss goals in our current junk food crazed environment.

Nathaniel is Professional Health & Wellness Speaker, Nationally Certified Health Coach, Nutrition Fitness Specialist, Certified Master Trainer, Strength Coach, A graduate of Dr. Joel Fuhrman's Nutrition Education Institute, A veteran of The United States Marine Corps and a veteran of The St. Louis Metropolitan Police Department.

Nathaniel Jordan has been a keynote speaker and guest panelist at numerous events including but not limited to: Washington University's Cancer Prevention Summit, St. Louis Urban League Federation Of Block Units 86th Annual Meeting, just to name a few.

The Minister of Wellness has appeared on numerous nationally syndicated TV & Radio Broadcast like; The Joe Maddison Show, The Armstrong Williams Show, The Rock Newman Show, The Carl Nelson Radio One Show and is a highly requested subject matter expert.



Where do I begin. I suffered 2 mini strokes in 2017. 1 in April and 1 in August. I was in a diabetic coma for 3 days. I went through a series of test to find out why I had the strokes.

I was given meds to control my side affects from the strokes which caused more side effects and more meds for those side affects and on and on.

I left the hospital on 22 meds without being told why or what for. I attended your seminar on 4/26/2018 on Genocide by Diet: Prevent and Reverse All Disease 100% Naturally.

The wealth of information you provided was amazing. I have not eaten meat, sugars, processed foods since that day and in just 30 days I feel great, my energy is crazy, my blood pressure is in the normal range, my sugar numbers are lower than they've been in months, my A1C has dropped from 11 to 7. **THANK YOU!!! -Zilpha Johnson**



The Minister of Wellness
 appearing LIVE on the
 Rock Newman Show



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202-753-9954

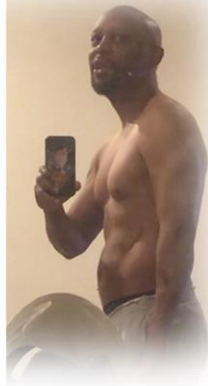
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**Rave
 Reviews!**

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Anthony Lost 65 POUNDS!

"When I came on the Police Department, I was 21 years old, 175 lbs. However, after several years of eating the typical Police officer diet full of fried chicken, fried rice, and other fast foods, I ballooned up to 240 lbs.

I was suffering from knee pain; back pain frequents headaches, and problems with vision, blood pressure, and a myriad of other annoying bodily issues. I met Nathaniel in 2013, and I was amazed when I found out he had lost 100 lbs. I noticed how he would carry a big cooler full of salad with him to work every day and NEVER gave in to what everyone else was eating around him.

I started to pick his brain and as I learned from him, started slowly making changes to my diet. It wasn't an overnight process, but I just kept learning and learning, and little by little the knowledge and Nathaniel's passion propelled me to return to a weight I thought I would NEVER SEE AGAIN."

**EMPOWERMENT PRINCIPLES THAT
 ERADICATE DISEASE**

KNOWLEDGE BASED EMPOWERMENT

This high content educational based program is designed for those who are sick and tired of taking their health and wellness for granted. In this session, you will learn how the current Food Industry does not support a healthy lifestyle to achieve overall wellness. Open up your mind to a new way of eating and feel good about more healthy options and never look at dieting the same in this life-changing and thought-provoking session.

After this session, you will be able to:

- Identify the best and worst foods for weight loss and disease prevention
- Have a firm foundational understanding of how heart disease, high blood pressure, stroke, diabetes, cancer, autoimmune disease, and others are SYMPTOMS of Micronutrient deficiency
- Identify the 12 components of Food Addiction making us fat and sick

Audiences: Mega Church Organizations, Associations, small, medium and large size companies who want to SUPERCHARGE their productivity and increase employee's ability to lead a more healthy lifestyle.

Also: Conference keynotes/breakouts, Association meetings, Corporate events, Banquets, Incentive Trips, Retreats, Colleges and Universities.

Customization Options: Onsite Strategic Work Sessions

Alternate titles:

- How To End Dieting FOREVER By Adopting A Nutrient-dense LIFE-style
- Understanding Why A Lack Of Knowledge Is The #1 Impediment To Achieving Excellent Health

Program Length:

This program can be customized from 60 minutes (keynote/breakout) to half-day, full-day, and 2-day formats.



The Minister of Wellness appearing LIVE on The Armstrong Williams Show



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EMPOWERMENT PRINCIPLES THAT ERADICATE DISEASE

APPLICATION BASED EMPOWERMENT

This high-content program is designed for those serious about getting healthy, have gained the knowledge of WHY and WHAT they need to change, but still struggle with applying what they know. In this session, you will develop a deep understanding of the 12 HEADED MONSTER OF FOOD ADDICTION, which is the #1 culprit behind people's inability to apply what they know. You will especially become familiar with the "Ego-Trap", the worst component of Food Addiction consisting of doubts and fears keeping you from going 100% into eating to live. You will never lack the FAITH that you CAN be a champion in your health & wellness after experiencing this uplifting presentation.

After this program, you will be able to:

- Face discomfort, and fear of failure with the power of faith as you build confidence through overcoming cravings via application of new habits
- Learn how to deal with family and friends in a loving manner, who are stuck in the "Ego-Trap", and feel a deep sense of shame as they see you breaking free from the DEATH TRAIN of obesity and disease

Audiences: Mega Church Organizations, Associations, small, medium and large size companies who want to SUPERCHARGE their productivity and increase employee's ability to lead a more healthy lifestyle.

Also: Conference keynotes/breakouts, Association meetings, Corporate events, Banquets, Incentive Trips, Retreats, Colleges and Universities.

Customization Options: Onsite Strategic Work Sessions

Alternate titles:

- The 12 Components Of Food Addiction Making Us FAT & SICK
- The Science Behind The Intentional Making Of Junk Foods More Addicting Illicit Drugs

Program Length:

This program can be customized from 60 minutes (keynote/breakout) to half-day, full-day, and 2-day formats.



America's
 Leading
 Focus Expert

Nathaniel Jordan is without a doubt the most well respected empowerment speaker and leading authority in the field of health and wellness on planet earth. His unique approach to educating conference goers about the food industry so they can lead healthier lifestyles is head and shoulders above anything I have ever seen.

In a society that breaches all the rules about health, Nathaniel breathes fresh air into the hearts and souls of people who have lost hope about their struggles with understanding overall health and wellness.

Listen to what he has to say and become forever changed for the better. I'm so inspired by his story and proud to be associated with such integrity and discipline.

**-Kevin T. Robertson, Celebrity
 Insider/Consultant/Professional Speaker**



The Minister
 of Wellness
 performs at
 health expo



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Hostess of
"Get Real to Heal" on
KWRH-LP 92.9 FM

"I so enjoyed watching The Minister Of Wellness at The 2K19 Health & Wellness Seminar! He is so inspirational, really drives the points home, there was humor, empowerment, it was really an AWESOME and INSPIRING event!"

If anyone gets the chance to come out and hear him speak I would HIGHLY encourage you to do so. It was a FANTASTIC EXPERIENCE!"

-Amanda LaPlante, MA
Integrative Health Coach

EMPOWERMENT PRINCIPLES THAT ERADICATE DISEASE

Consistent Based Empowerment

Are you tired of yo-yo dieting? Do you understand and apply the principles of Eating to Live for a short while, and then fall back into old bad eating habits? If you answered yes to either of these questions, this eye-opening, motivating presentation is for **YOU**. Acquire the **KNOWLEDGE** of what you must do to attain excellent health and understand the reasons why. Become a champion of **FAITH, BELIEF, PATIENCE and PERSISTENCE** to truly master your overall health and wellness.

After this program, you will be able to:

- Look at failure as a necessary step to **VICTORY**. Just because you may fail at one meal, doesn't mean you have to throw in the towel and go on an all out binge.
- Understand **key principles** of staying the course from those who have maintained their weight loss and disease reversal for over 5 years
- Take your health goals more seriously, meaning this is not a temporary battle. You will have a full understanding that you will have to go to **WAR** with your pleasure seeking illogical subconscious mind each and every day

Audiences: Mega Church Organizations, Associations, small, medium and large size companies who want to **SUPERCHARGE** their productivity and increase employee's ability to lead a more healthy lifestyle.

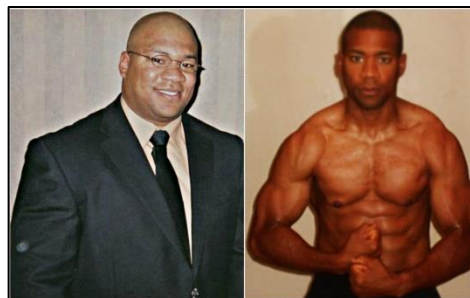
Also: Conference keynotes/breakouts, Association meetings, Corporate events, Banquets, Incentive Trips, Retreats, Colleges and Universities.

Customization Options: Onsite Strategic Work Sessions
Alternate titles:

- Overcoming The "Pill For Every Ill" Mentality When It Comes To **WEIGHT LOSS & HEALTH**
- Powerful Sustainable Tips For Pushing Through Sticking Points In You Weight Loss Journey

Program Length:

This program can be customized from 60 minutes (keynote/breakout) to half-day, full-day, and 2-day formats.



The Minister of Wellness
inspires
the masses
to stay fit!



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**Rave
Reviews!**

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**Washington
University in St. Louis**
SCHOOL OF MEDICINE

*Attended 4/22/2017 Cancer
Prevention Seminar hosted
by Washington University
School of Medicine*

*"How Nutritional Excellence Can Help Win the War
on Cancer" was an outstanding health seminar!
The Minister of Wellness Nathaniel Jordan packed
a lot of powerful information and nutritional tips into
his allotted 40-minute time slot.*

*I most enjoyed learning about the G-BOMBS
(Greens, Beans, Onions, Mushrooms, Berries, and
Seeds) and the role they each serve in helping to
prevent various forms of cancer, common to both
men and women.*

*Despite having only a short time to speak, The
Minister of Wellness provided the same quality and
value as in one of his longer sessions that I
attended prior to this one.*

*It is truly evident that promoting health and
wellness is at the forefront of all that he does!*

-Carletta D. Washington, Ed.D.

EMPOWERMENT PRINCIPLES THAT ERADICATE DISEASE

Healing Based Empowerment

This highly passionate, **EYE-OPENING** program is designed for those ready to get off toxic, synthetic prescription drugs, **ALL** which comes with numerous dangerous side-effects. Be prepared to be shocked when you learn that plant-foods such as green vegetables, tomatoes, and onions, contains over 100,000 different medicines called **phytochemicals**. You will be amazed when you learn for instance that berries contain nutrients that lower blood pressure, nuts and seeds lowers cholesterol, and cruciferous vegetables and onions are powerful immunity boosting foods.

After this program, you will be able to:

- Break free from the **"PILL FOR EVERY ILL"** mentality. Eating a nutrient-dense, plant-rich anti-cancer diet protects against **ALL DISEASE**
- Recite the Immune System Special Forces from memory (**G-BOMBS**, greens, beans, onions, mushrooms, berries, and seeds)
- Stand firm against the lies of the Medical Industry concerning the critical role diet plays in disease prevention, causation, and reversal.

Audiences: Mega Church Organizations, Associations, small, medium and large size companies who want to **SUPERCHARGE** their productivity and increase employee's ability to lead a more healthy lifestyle.

Also: Conference keynotes/breakouts, Association meetings, Corporate events, Banquets, Incentive Trips, Retreats, Colleges and Universities.

Customization Options: Onsite Strategic Work Sessions

Alternate titles:

- Prevent & Reverse ALL Disease 100% Naturally
- Let Food Be Thy Medicine & Medicine Be Thy Food
- The **POWER** Of The G-Bombs To Prevent & Reverse ALL Disease

Program Length:

This program can be customized from 60 minutes (keynote/breakout) to half-day, full-day, and 2-day formats.



**The Minister
of Wellness**
delivering
another powerful
presentation in
Tampa Florida

*The
Minister of Wellness*

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Nathaniel has been a guest speaker and panelist at numerous events including but not limited to:

- ✓ Washington University's Cancer Prevention Summit
- ✓ St. Louis Urban League Federation Of Block Units 86th Annual Meeting
- ✓ The Empowerment Network of St. Louis Prostate Cancer Support Group
- ✓ The Breakfast Club, Inc. Breast Cancer Support Group
- ✓ St. Louis Health Careers College All-Student's Meeting
- ✓ Christ Of Calvary Community Church, Tampa Bay FL
- ✓ Sista's Can We Talk: Straight Talk About Health And Our Community, Wichita, KS
- ✓ Everlasting Life Vegan Cafe's Black Wall Street Renaissance, Capitol Heights MD
- ✓ GreenFare Organic Cafe Health Seminar, Herndon, VA

EMPOWERMENT PRINCIPLES THAT ERADICATE DISEASE

Audio Visual Set Up

Summary:

The following professional requirements are necessary to ensure a HIGH QUALITY presentation.

Equipment:

- Wireless lavalier microphone + spare battery
- Hand Held microphone + spare battery
- Flipchart + fresh markers
- LCD projector + screen

When videotaping, professional house lighting is required. Nathaniel may prefer hand held or lavalier for presentations.

Room Setup:

Conference/Auditorium Style

- Appropriate for short presentations or larger groups that do not require extensive note-taking.

Classroom/Banquet Style

- Appropriate for groups fewer than 40

Nathaniel is a high-energy speaker who utilizes a participant centered learning style to connect with the audience.

Nathaniel engages the audience and occasionally will move around often to keep the presentation fun and exciting. Please keep this in mind as you prepare your audio/visual logistics for your event.

If you have any questions, please call us at:

202-753-9954

Thanks and we look forward to working with your team!



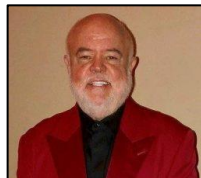
The Minister of Wellness
 delivering strategies on his east coast speaking tour.



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Direct results from clients of: "The Minister of Wellness"

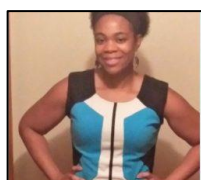


TV Host Rock Newman Lost 70 POUNDS & Reversed Pre-Diabetes!

Nathaniel Jordan The Minister of Wellness ROCKS and is AWESOME!!!



Tony lost 164 pounds! I purchased all the books he told me to, and I listened to health talks over and over. But the personal one on one support I received from Nathaniel was critical to me losing 100 pounds in just 16 weeks, and eventually reaching a weight of 206 pounds, a number I have not seen since I was in the 5th grade!



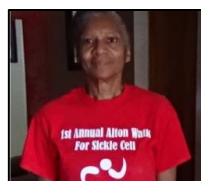
April Lost 60 POUNDS and REVERSED Stage II Hypertension!

"In August of 2016, my food addiction and sedentary lifestyle ballooned me to an all-time high of 215 lbs. Even more disturbing, was that at the youthful age of 31, my blood pressure was a constant 170/95.

The fear of a heart attack or stroke which runs in my family propelled me to finally listen to my husband's nutritional wisdom. I cut out salt and all processed foods and started working out on a regular basis.

I refused to take high blood pressure medications which Nathaniel warned me causes cancer. I am still a work in process, but so far, I have lost 60 lbs. and more importantly, my blood pressure reading is a normal 120/80 – achieved 100% naturally.

I thank God for my husband's vast health knowledge and support, and I am determined to get rid of my food addiction 100%, once and for all."



Maxine lost 40 lbs. and REVERSED her osteoarthritis!

For years I struggled to lose weight after having my 3rd out of 7 children. I plateaued at 155 for decades, eventually reaching 165 pounds.

This may not seem like a lot, but the extra weight damaged my knees to the point of developing osteoarthritis in my left knee. Also, my blood pressure became high enough to where my Doctor tried to pressure me into taking medication.

It was at this time I knew I had to change, and I turned to my son, Nathaniel, for help.

He has been counseling me for a few years now, and the more I followed his nutritional advice, the more weight I lost until I ended up at 125 pounds, a weight I have not seen since having my 1st child over 40 YEARS ago!

Direct results from clients of: "The Minister of Wellness"



Jesse Bell REVERSED his HIGH BLOOD PRESSURE and lost 25 pounds in the process!

The Minister of Wellness saved my life, and for that, I am genuinely grateful.

Most of my early twenties I was an amateur boxer that weighed about 165 lbs. At the age of 25, I had to retire the boxing gloves due to a shoulder injury, at that time I decided to go to college. In college, I blew up to 220 lbs. in almost no time.

At the age of 27, I was diagnosed with high blood pressure and put on medication to control it. My whole life, I was told high blood pressure runs in my family, and because it runs in my family, everybody has it and is currently taking medication for it. I always knew my diet was poor, and I wanted to eat healthily, but I did not know how.

At the age of 30, my father became ill with cancer, and it took his life very quickly at the young age of 56. When my father was sick from the chemo and at the Hospital I came to visit, I noticed the doctors had left him information about how he should stop eating meat, and start consuming as many fresh fruits and vegetables as he could. When

I read this new information, I became overwhelmed with anger that the health industry waits until you're on your death bed, to tell you to stop eating meat and to eat fruits and vegetables. After my father passed, I decided to take my health back and became a Vegan.

I went from 220 lbs. down to 190 lbs., but I still had high blood pressure, in fact, after 2 years of the vegan life it had gotten worse, and my medication dosage had to be increased.

I gave up on lowering my blood pressure and figured I would be on meds the rest of my life, until in the spring of 2018 I came across the Minister of Wellness. I was very interested in the Ministers information and ordered his How to lower high blood pressure and reverse heart disease book and began following the diet. Within weeks after following his information my blood pressure was dropping rapidly and so was my weight, today I am currently 165 lbs., and my blood pressure is between 110/70 and 120/80 with no medication.

The Minister of Wellness saved my life, and for that, I am genuinely grateful.

Sincerely,

-Jesse Bell

**Direct results from clients of:
"The Minister of Wellness"**



Jamila REVERSED her High Blood Pressure in Just 3 WEEKS!

I went from knowing I was going to have a stroke or die, to no longer worrying and living with the stress of HBP! I commend brother Nathaniel/the ministry of wellness for saving my life!

After, ten long years of dealing with HBP one week after my consultation with the ministry of wellness, following all that we discussed my blood pressure dropped to the lowest it's ever been in over ten years. It went from reading 165 over 145 to 120 over 80! I was overfilled with joy, shaking and crying because it was what I always wanted but didn't know how to go about achieving it.

I screenshot my BP reading to Nathaniel and he was excited as well! He praised "The Most High" and said we will continue working on getting it lower! That's exactly what I did. I continued following the guidelines he gave me, and I can now say because of the ministry of wellness...

I No longer suffer, with high blood pressure! My blood pressure is now reading, 117 over 80 or 115 over 75! I went from knowing I was going to have a stroke or die, to no longer worrying and living with the stress of HBP! It no longer controls my life, I control it and I commend the ministry of wellness for giving me a fighting chance and saving my life! It's not enough words to tell him how much he's helped me overcome death!

He's doing everything in his power to empower the people of the corruption within the food industry, while trying to save lives and I'm one life he saved!

Thank you so much for putting the knowledge of what food really is into the universe and fighting to save our people's life! I'm sure my days of a walking stroke would be coming to an end, if you had not come into my life!

Thank you, ministry of wellness.

Love,

-Jamila Dennis

Direct results from clients of: "The Minister of Wellness"



Pam REVERSED Type II Diabetes in Just 30 Days!

I recommend Ministry of Wellness, Inc. to anyone that is willing to try it worked for me.

My doctor diagnosed me with diabetes three years ago; my blood sugar was 586. I started on medication which I only took for two weeks after I stopped due to terrible side effects and began taking supplements. I was able to reduce my blood sugar to around 120-175.

I started The Minister of Wellness' 30-day diabetic cure on 2/1/18. I followed his instructions not only diet-wise, but I walked 1 hour 7 days a week. I was very obedient by just eating from the recipes in the book. Some days were easy some hard, but I kept doing it.

My blood sugar for February was 90-109, and I LOST 20 pounds. I STILL HAVE SLIGHT PAIN IN MY SHOULDER (arthritis), BUT NOTHING LIKE IT WAS.

I feel so much better and thank The Minister of Wellness so much! During these 30 days, I called him a lot. Each time I called, he was patient in helping and encouraging me to stay the course.

I found out about The Minister of Wellness via a friend at church who sent me one of his YouTube videos in which he was speaking about the G-BOMBS (greens, beans, onions, mushrooms, berries, and seeds).

I am so glad I contacted The Minister of Wellness and got his book on Reversing Type II Diabetes. I recommend Ministry of Wellness, Inc. to anyone that is willing to try it worked for me.

Thanks again Minister of Wellness,

-Pamela Samuels



Prevent & Reverse ALL Disease book is an excellent guide to QUICKLY understanding the top causes of death for most Americans and how to prevent & Reverse them.



Nathaniel Jordan has delivered
Seminars, Workshops and Educational Programs/Keynotes for...



Joe Madison





Nathaniel Jordan is a frequent guest of the media and highly sought out subject matter expert on the topic of health, fitness and wellness.



Roland Martin Live Streams The Minister Of Wellness: GENO



The Minister Of Wellness & Rock Newman On The Armstr



Joe Madison & The Minister Of Wellness Discuss Menta



The Minister Of Wellness On The Joe Madison Radio Show



The Minister Of Wellness On The Armstrong Williams TV Sho



The Minister Of Wellness On The Rock Newman Show



Let FOOD Be Thy MEDICINE And MEDICINE Be Thy FOOD



Interview With A Nutritarian-Vegan Powerlifter (2015)



The Minister Of Wellness Interview On KOVL Radio