Fremont Union HSD: Modified PPO PC1 Basic-Major Medical

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, https://eoc.anthem.com/eocdps/. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call (855) 333-5730 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall	<u>Deductible</u> applies to Major	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before
deductible?	Medical only. \$250/person or	this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member
	maximum of three separate	must meet their own individual deductible until the total amount of deductible expenses paid
	deductibles/family for In-	by all family members meets the overall family <u>deductible</u> .
	Network Providers. \$250/person	
	or maximum of three separate	
	deductibles/family for Out-of-	
	Network Providers.	
Are there services	Yes. Primary Care. Specialist	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.
covered before you	Visit. Preventive Care. Certain	But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u>
meet your <u>deductible?</u>	Prescription Drugs. For more	services without cost sharing and before you meet your deductible. See a list of covered
	information see below.	preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other	Yes. \$100/visit for Emergency	You must pay all of the costs for these services up to the specific deductible amount before
deductibles for	room services. Waived if	this plan begins to pay for these services.
specific services?	admitted. There are no other	
	specific <u>deductibles</u> .	
What is the out-of-	Out-of-Pocket applies to Major	The out-of-pocket limit is the most you could pay in a year for covered services. If you have
pocket limit for this	Medical only. \$1,000/person for	other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the
plan?	In-Network Providers.	overall family <u>out-of-pocket limit</u> has been met.
	\$2,000/person for <u>Out-of-</u>	
	Network Providers.	
What is not included	Basic Medical copays, <u>Deductible</u> ,	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
in the <u>out-of-pocket</u>	Prescription drugs, Premiums,	
<u>limit</u> ?	balance-billing charges, and	
	health care this <u>plan</u> doesn't	
	cover.	

Will you pay less if	Yes. See	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u>
you use a <u>network</u>	www.anthem.com/find-	network. You will pay the most if you use an Out-of-Network Provider, and you might
provider?	care/?alphaprefix=JPU	receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your
	or call (855) 333-5730 for a list of	<u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>Out-of-Network</u>
	network providers. Costs may	Provider for some services (such as lab work). Check with your provider before you get
	vary by site of service and how	services.
	the <u>provider</u> bills.	
Do you need a referral	No.	You can see the specialist you choose without a referral.
to see a specialist?		



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations Evantions %
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$20/visit, <u>deductible</u> does not apply	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none
If you visit a health care	Specialist visit	\$20/visit, <u>deductible</u> does not apply	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none
provider's office or clinic	Preventive care/screening/ immunization	No charge	40% <u>coinsurance</u> <u>deductible</u> applies	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a toot	<u>Diagnostic test</u> (x-ray, blood work)	No charge	40% <u>coinsurance, deductible</u> does not apply	none
If you have a test	Imaging (CT/PET scans, MRIs)	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none
If you need drugs to treat your illness or condition	Typically Generic (Tier 1)	\$10/prescription, deductible does not apply (retail) and \$20/prescription, deductible does not apply (home delivery)	\$10/prescription plus 50% coinsurance, <u>deductible</u> does not apply (retail) and Not covered (home delivery)	Most home delivery is 90-day supply. For more information, refer to "CA National DMHC Drug List" at http://www.anthem.com/pharm
More information about prescription drug coverage is available at http://www.anthe	Typically Preferred Brand & Non-Preferred Generic Drugs (Tier 2)	\$30/prescription, deductible does not apply (retail) and \$60/prescription, deductible does not apply (home delivery)	\$30/prescription plus 50% coinsurance, <u>deductible</u> does not apply (retail) and Not covered (home delivery)	acyinformation/ *See Prescription Drug section of the <u>plan</u> or policy document (e.g. evidence of coverage or certificate).

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://eoc.anthem.com/eocdps/.

Common	What You Will Pay			Limitations Exacutions &	
Medical Event	Noticion Voli Mari Nord La Noticiotal Descridos District Noticios Descridos		Limitations, Exceptions, & Other Important Information		
m.com/pharmacyi nformation/	Typically Non-Preferred Brand and Generic drugs (Tier 3)	\$50/prescription, deductible does not apply (retail) and \$100/prescription, deductible does not apply (home delivery)	\$50/prescription plus 50% coinsurance, <u>deductible</u> does not apply (retail) and Not covered (home delivery)		
	Typically Preferred <u>Specialty</u> (brand and generic) (Tier 4)	20% coinsurance up to \$150/prescription, deductible does not apply (retail) and 20% coinsurance up to \$300/prescription, deductible does not apply (home delivery)	50% <u>coinsurance</u> , <u>deductible</u> does not apply (retail) and Not covered (home delivery)		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge	40% <u>coinsurance, deductible</u> does not apply	\$350 maximum/admission for Out-of-Network Providers.	
surgery	Physician/surgeon fees	No charge	40% <u>coinsurance, deductible</u> does not apply	none	
If you need immediate	Emergency room care	0% <u>coinsurance,</u> Emergency room services <u>deductible</u> applies	40% <u>coinsurance,</u> Emergency room services <u>deductible</u> applies	If admitted, ER <u>deductible</u> is waived. No charge for Emergency Room Physician Fee In-Network Providers. 40% coinsurance, deductible does not apply for Emergency Room Physician Fee <u>Out-of-Network Providers</u> .	
medical attention	Emergency medical transportation	See "Limitations, Exceptions, & Other Important Information"	Covered as In-Network and Ma	Basic: Anthem's maximum payment is \$50/trip for Ground and \$200/trip for Air, and then Major: 20% coinsurance deductible applies	
	<u>Urgent care</u>	\$20/visit, <u>deductible</u> does not apply	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none	
If you have a	Facility fee (e.g., hospital room)	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none	
hospital stay	Al stay Physician/surgeon fees No		40% <u>coinsurance</u> , <u>deductible</u> does not apply	none	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://eoc.anthem.com/eocdps/.

Common		What You Will Pay		Limitations, Exceptions, &
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information
If you need mental health, behavioral health,	Outpatient services	Office Visit \$20/visit, <u>deductible</u> does not apply Other Outpatient No charge	Office Visit 40% coinsurance, deductible does not apply Other Outpatient 40% coinsurance, deductible does not apply	Office Visit 988 lifeline/mobile crisis team covered as In-Network. Other Outpatientnone
or substance abuse services	Inpatient services	No charge	40% <u>coinsurance, deductible</u> does not apply	No charge for Inpatient Physician Fee In-Network Providers. 40% coinsurance, deductible does not apply for Inpatient Physician Fee Out-of- Network Providers.
	Office visits	\$20/visit, <u>deductible</u> does not apply	40% <u>coinsurance</u> , <u>deductible</u> does not apply	Maternity care may include tests and services described elsewhere
If you are pregnant	Childbirth/delivery professional services	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	in the SBC (i.e., ultrasound). *Coverage includes fertility
	Childbirth/delivery facility services	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	preservation services, see Fertility Preservation section.
	Home health care	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	100 visits/benefit period.
	Rehabilitation services	No charge	40% <u>coinsurance deductible</u> does not apply	Speech Therapy: 20% coinsurance deductible
If you need help recovering or have other special health	<u>Habilitation services</u>	No charge	40% <u>coinsurance deductible</u> does not apply	applies for In-Network Providers and 40% coinsurance deductible applies for Non- Network Providers. *See Therapy Services section.
needs	Skilled nursing care	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	100 days/benefit period for skilled nursing services.
	Durable medical equipment	20% <u>coinsurance</u> <u>deductible</u> applies	40% <u>coinsurance</u> <u>deductible</u> applies	*See <u>Durable Medical</u> <u>Equipment</u> section.
	Hospice services	20% <u>coinsurance</u> <u>deductible</u> applies	20% <u>coinsurance</u> <u>deductible</u> applies	none
If your child	Children's eye exam	Not covered	Not covered	none
needs dental or	Children's glasses	Not covered	Not covered	
eye care	Children's dental check-up	Not covered	Not covered	none

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://eoc.anthem.com/eocdps/.

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u>.)

- Children's dental check-up
- Eye exams for a child
- Long-term care
- Weight loss programs

- Cosmetic surgery
- Glasses for a child
- Routine eye care (Adult)

- Dental care (Adult)
- Infertility treatment
 - Routine foot care unless you have been diagnosed with diabetes

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture 12 visits/benefit period
- Hearing aids 1 item/ear every 36 months
- Bariatric surgery (In-Network)
- Most coverage provided outside the United States. See www.bcbsglobalcore.com
- Chiropractic care 24 visits/benefit period
- Private-duty nursing in a Home Setting only

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Managed Health Care, California Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814-2725, (888) 466-2219, https://www.dmhc.ca.gov/, Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, www.cciio.cms.gov, or contact Anthem at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 4310, Woodland Hills, CA 91365-4310

Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, www.cciio.cms.gov

Department of Managed Health Care, California Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814-2725, (888) 466-2219, https://www.dmhc.ca.gov/

Additionally, a consumer assistance program can help you file your appeal. Contact California Consumer Assistance Program, Operated by the California Department of Managed Health Care, 980 9th Street, Suite 500, Sacramento, CA 95814, (888) 466-2219, https://www.dmhc.ca.gov/

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the costsharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

Mia's Simple Fracture (in-network emergency room visit and follow up care)

1 77	
The plan's overall deductible	\$250

+-0
\$20

■ The plan's overall deductible Specialist copayment ■ Hospital (facility) coinsurance

<u></u>	
Specialist copayment	\$20
Hospital (facility) coinsurance	0%

■ Hospital (facility) coinsurance Other coinsurance

Specialist copayment

0% 0%

Other coinsurance

■ The plan's overall deductible

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Other coinsurance

Prescription drugs

Durable medical equipment (glucose meter)

In this example, Joe would pay:

This EXAMPLE event includes s	services
like:	

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$250

\$20

0%

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700
	,,···

Total Example Cost	\$5,600
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Total Example Cost	\$2,80

In this example, Peg would pay:

Cost Sharing			
<u>Deductibles</u>	\$0		
<u>Copayments</u>	\$10		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$70		

<u>Cost Snaring</u>		
<u>Deductibles</u>	\$0	
Copayments	\$1,000	
Coinsurance	\$0	
What isn't covered		
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<u>opayments</u>	ψ1,000
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,020

In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$200	
Copayments	\$200	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$400	

\$250

0%

(TTY/TDD: 711)

Albanian (Shqip): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi 1-888-254-2721

Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 2721-888-1.

Armenian (հայերեն). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ 1-888-254-2721։

Bassa (Băsóò Wùdù): Mì dyi dyi-diè-dè bě bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé mì ké gbo-kpá-kpá kè bỗ kpỗ dé mì bídí-wùdùǔn bó pídyi. Bé mì ké wudu-zììn-nyò dò gbo wùdù kɛ, dá 1-888-254-2721.

Bengali (বাংলা): যদি এই লখিপত্রের বিষয়ে আপলার কোলো প্রশ্ন খাকে, তাংলে আপলার ভাষায় বিলামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপলার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য 1-888-254-2721 –তে কল করুল।

Burmese (မြန်မာ): ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဖု 1-888-254-2721 သို့ ခေါ် ဆိုပါ။

Chinese (中文):如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電1-888-254-2721。

Dinka (Dinka): Na noŋ thiëëc në ke de yä thorë, ke yin noŋ loŋ bë yi kuony ku wɛr alëu bë gεεr yic yin ne thoŋ du ke cin wëu tääuë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col 1-888-254-2721.

Dutch (Nederlands): Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u 1-888-254-2721.

Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ هزینه ای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره

French (Français): Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le 1-888-254-2721.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie 1-888-254-2721.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο 1-888-254-2721.

Gujarati (ગુજરાતી): જો આ દસ્તાવેજ અંગે આપને કોઇપણ પ્રશ્નો હોય તો, કોઇપણ ખર્ય વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો 1-888-254-2721.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele 1-888-254-2721.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें1-888-254-2721

Hmong (White Hmong): Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau 1-888-254-2721.

Igbo (Igbo): O bụr ụ na ị nwere ajujụ o bụla gbasara akwukwo a, ị nwere ikike inweta enyemaka na ozi n'asusu gi na akwughi ugwo o bula. Ka gi na okowa okwu kwuo okwu, kpọo 1-888-254-2721.

Ilokano (**Ilokano**): Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti 1-888-254-2721.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi 1-888-254-2721.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero 1-888-254-2721

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