Anthem® BlueCross

Coverage for: Individual + Family | Plan Type: PPO

Fremont Union HSD: Modified PPO PC1 Basic-Major Medical

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, https://eoc.anthem.com/eocdps/. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call (855) 333-5730 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall	<u>Deductible</u> applies to Major	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before
deductible?	Medical only. \$250/person or	this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member
	maximum of three separate	must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid
	deductibles/family for In-	by all family members meets the overall family <u>deductible</u> .
	Network Providers. \$250/person	
	or maximum of three separate	
	deductibles/family for Out-of-	
	Network Providers.	
Are there services	Yes. Primary Care. Specialist	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.
covered before you	Visit. Preventive Care. Certain	But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u>
meet your <u>deductible</u> ?	Prescription Drugs. For more	services without cost sharing and before you meet your deductible. See a list of covered
	information see below.	preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other	Yes. \$100/visit for Emergency	You must pay all of the costs for these services up to the specific deductible amount before
<u>deductibles</u> for	room services. Waived if	this plan begins to pay for these services.
specific services?	admitted. There are no other	
	specific <u>deductibles</u>	
What is the out-of-	Out-of-Pocket applies to Major	The out-of-pocket limit is the most you could pay in a year for covered services.
pocket limit for this	Medical only. \$1,000/person for	
plan?	In-Network Providers.	
	\$2,000/person for Out-of-	
	Network Providers.	

What is not included	Basic Medical copays, Deductible,	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
in the out-of-pocket	Prescription drugs, Premiums,	
<u>limit</u> ?	balance-billing charges, and	
	health care this <u>plan</u> doesn't	
	cover.	
Will you pay less if	Yes. See <u>www.anthem.com/find-</u>	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u>
you use a <u>network</u>	care/?alphaprefix=JPU or call	network. You will pay the most if you use an Out-of-Network Provider, and you might
provider?	(855) 333-5730 for a list of	receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your
	network providers. Benefits and	<u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>Out-of-Network</u>
	costs may vary by site of service	Provider for some services (such as lab work). Check with your provider before you get
	and how the provider bills.	services.
Do you need a referral	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .
to see a specialist?		



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You	Limitations, Exceptions, &		
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information	
	Primary care visit to treat an injury or illness	\$20/visit, <u>deductible</u> does not apply	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none	
If you visit a	Specialist visit	\$20/visit, <u>deductible</u> does not apply	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none	
health care provider's office or clinic	Preventive care/screening/ immunization	No charge	40% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none	
	Imaging (CT/PET scans, MRIs)	No charge	40% <u>coinsurance, deductible</u> does not apply	none	
If you need drugs to treat your illness or condition More information	Typically Generic (Tier 1)	\$10/prescription, <u>deductible</u> does not apply (retail) and \$20/prescription, <u>deductible</u> does not apply (home delivery)	\$10/prescription plus 50% coinsurance, <u>deductible</u> does not apply (retail) and Not covered (home delivery)	Most home delivery is 90-day supply. For more information, refer to "CA National DMHC Drug List" at http://www.anthem.com/pharm	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://eoc.anthem.com/eocdps/.

Common	Services You May Need	What You	I imitations Essentions 9	
Common Medical Event		In-Network Provider	Out-of-Network Provider	Limitations, Exceptions, & Other Important Information
Wicuical Event		(You will pay the least)	(You will pay the most)	_
about <u>prescription</u> drug coverage is available at http://www.anthem.com/pharmacyi	Typically Preferred Brand & Non-Preferred Generic Drugs (Tier 2)	\$30/prescription, deductible does not apply (retail) and \$60/prescription, deductible does not apply (home delivery)	\$30/prescription plus 50% coinsurance, <u>deductible</u> does not apply (retail) and Not covered (home delivery)	*See <u>Prescription Drug</u> section of the <u>plan</u> or policy document (e.g. evidence of coverage or certificate).
nformation/	Typically Non-Preferred Brand and Generic drugs (Tier 3)	\$50/prescription, deductible does not apply (retail) and \$100/prescription, deductible does not apply (home delivery)	\$50/prescription plus 50% coinsurance, <u>deductible</u> does not apply (retail) and Not covered (home delivery)	
	Typically Preferred <u>Specialty</u> (brand and generic) (Tier 4)	20% coinsurance up to \$150/prescription, deductible does not apply (retail) and 20% coinsurance up to \$300/prescription, deductible does not apply (home delivery)	50% <u>coinsurance</u> , <u>deductible</u> does not apply (retail) and Not covered (home delivery)	
If you have	Facility fee (e.g., ambulatory surgery center)	No charge	40% <u>coinsurance, deductible</u> does not apply	\$350 maximum/admission for Out-of-Network Providers.
outpatient surgery	Physician/surgeon fees	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none
If you need immediate medical attention	Emergency room care	0% <u>coinsurance,</u> Emergency room services <u>deductible</u> applies	40% <u>coinsurance,</u> Emergency room services <u>deductible</u> applies	If admitted, ER <u>deductible</u> is waived. No charge for Emergency Room Physician Fee In-Network Providers 40% <u>coinsurance</u> , <u>deductible</u> does not apply for Emergency Room Physician Fee <u>Out-of-Network</u> <u>Providers</u> .
	Emergency medical transportation	See "Limitations, Exceptions, & Other Important Information"	Covered as In- <u>Network</u>	Basic: Anthem's maximum payment is \$50/trip for Ground and \$200/trip for Air, and then Major: 20% coinsurance deductible applies
	<u>Urgent care</u>	\$20/visit, <u>deductible</u> does not apply	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://eoc.anthem.com/eocdps/.

Common		What You	Limitations, Exceptions, &		
Medical Event	Services You May Need	In-Network Provider	Out-of-Network Provider	Other Important Information	
		(You will pay the least)	(You will pay the most)	P	
If you have a	Facility fee (e.g., hospital room)	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none	
hospital stay	Physician/surgeon fees	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	none	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit \$20/visit, <u>deductible</u> does not apply Other Outpatient No charge	Office Visit 40% coinsurance, deductible does not apply Other Outpatient 40% coinsurance, deductible does not apply	Office Visit 988 lifeline/mobile crisis team covered as In- <u>Network</u> . Other Outpatientnone	
	Inpatient services	No charge	40% <u>coinsurance, deductible</u> does not apply	No charge for Inpatient Physician Fee In-Network Providers. 40% coinsurance, deductible does not apply for Inpatient Physician Fee Out-of-Network Providers.	
	Office visits	\$20/visit, <u>deductible</u> does not apply	40% <u>coinsurance</u> , <u>deductible</u> does not apply	Maternity care may include tests and services described elsewhere	
If you are pregnant	Childbirth/delivery professional services	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	in the SBC (i.e., ultrasound). *Coverage includes fertility	
L8	Childbirth/delivery facility services	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	preservation services, see Fertility Preservation section.	
	Home health care	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	100 visits/benefit period.	
If you need help	Rehabilitation services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	*See Therapy Services section.	
recovering or	<u>Habilitation services</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	1,	
have other special health needs	Skilled nursing care	No charge	40% <u>coinsurance</u> , <u>deductible</u> does not apply	100 days/benefit period for skilled nursing services.	
	Durable medical equipment	20% coinsurance	40% coinsurance	*See <u>Durable Medical</u> <u>Equipment</u> section.	
	Hospice services	20% <u>coinsurance</u>	20% <u>coinsurance</u>	none	
If your child	Children's eye exam Not covered Not cov		Not covered	2020	
needs dental or	Children's glasses	Not covered	Not covered	none	
eye care	Children's dental check-up	Not covered	Not covered	none	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>https://eoc.anthem.com/eocdps/</u>.

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u>.)

- Children's dental check-up
- Eye exams for a child
- Routine eye care (Adult)

- Cosmetic surgery
- Glasses for a child
- Routine foot care unless you have been diagnosed with diabetes
- Dental care (Adult)
- Long-term care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture 12 visits/benefit period
- Hearing aids 1 item/ear every 36 months
- Private-duty nursing in a Home Setting only
- Bariatric surgery (In-Network)
- Infertility treatment 3 oocyte egg retrievals/lifetime

- Chiropractic care 24 visits/benefit period
- Most coverage provided outside the United States. See www.bcbsglobalcore.com

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Managed Health Care, California Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814-2725, (888) 466-2219, https://www.dmhc.ca.gov/, Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, www.cciio.cms.gov, or contact Anthem at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 4310, Woodland Hills, CA 91365-4310

Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, www.cciio.cms.gov

Department of Managed Health Care, California Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814-2725, (888) 466-2219, https://www.dmhc.ca.gov/

Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact California Consumer Assistance Program, Operated by the California Department of Managed Health Care, 980 9th Street, Suite 500, Sacramento, CA 95814, (888) 466-2219, https://www.dmhc.ca.gov/

Does this plan provide Minimum Essential Coverage? Yes.

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is	Having a	Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
Specialist copayment	\$20
Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
Specialist copayment	\$20
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$250
Specialist copayment	\$20
Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
<u>Cost Sharing</u>		<u>Cost Sharing</u>		<u>Cost Sharing</u>	
<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$250
<u>Copayments</u>	\$10	<u>Copayments</u>	\$1,000	<u>Copayments</u>	\$70
<u>Coinsurance</u>	\$0	<u>Coinsurance</u>	\$0	<u>Coinsurance</u>	\$200
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$70	The total Joe would pay is	\$1,020	The total Mia would pay is	\$520

Get help in your language

Language Assistance Services

Curious to know what all this says? We would be too. Here's the English version: IMPORTANT: Can you read this letter? If not, we can have somebody help you read it. You may also be able to get this letter written in your language. For free help, please call right away at 1-888-254-2721. (TTY/TDD:711)

Separate from our language assistance program, we make documents available in alternative formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

Spanish

IMPORTANTE: ¿Puede leer esta carta? Si no, podemos pedirle a alguien que le ayude a leerla. También es posible que pueda solicitar que le enviemos esta carta escrita en su idioma. Para obtener ayuda gratuita, llame de inmediato al 1-888-254-2721 (TTY/TDD: 711).

Arabic

هام: هل تستطيع قراءة هذه الرسالة؟ إذا لم يكن الأمر كذلك، يمكننا أن نطلب من شخص ما مساعدتك في قراءتها. قد تتمكن أيضًا من الحصول على هذه الرسالة مكتوبة بلغتك للحصول على مساعدة مجانية، يرجى الاتصال على الفور على الرقم (TTY/TDD: 711) .888-254-2721.

Armenian

ՈՒՇԱԴՐՈՒԹՅՈՒՆ. Կարողանո՞ւմ եք կարդալ այս նամակը։ Եթե ոչ, մենք կարող ենք առաջարկել որևէ մեկի օգնությունը՝ ձեզ համար այն կարդալու համար։ Դուք կարող եք նաև այս նամակը ստանալ ձեր լեզվով։ Անվճար օգնության համար խնդրում ենք անմիջապես զանգահարել՝ 1-888-254-2721. (TTY/TDD: 711)

Chinese

重要: 您能看此信嗎?如果不能,我們可以請人幫您看。 您還可以獲得以您的語言寫的此信件。如需免費幫助,請立即致電 1-888-254-2721. (TTY/TDD:711)

Farsi

بخواهیم شخصی از توانیممی ما ،توانیدنمی اگر بخوانید؟ را نامه این توانید می آیا :مهم کتبی صورت به را نامه این بتوانید است ممکن همچنین کند کمک شما به آن خواندن در شماره با فوراً لطفاً ،رایگان کمک دریافت برای کنید دریافت خودتان زبان به و .بگیرید تماس (TTY/TDD: 711) .888-254-258-1

Hindi

महत्वपूर्ण: क्या आप यह पत्र पढ़ सकते हैं? यदि नहीं, तो हम इसे पढ़ने में किसी की मदद ले सकते हैं। यह पत्र आप अपनी भाषा में भी लिखवा सकते हैं। निःशुल्क सहायता के लिए, कृपया तुरंत 1-888-254-2721 पर कॉल करें। (टीटीवाई/टीडीडी:711)

Hmong

TSEEM CEEB: Koj puas nyeem tau daim ntawv no? Yog tias tsis tau, peb muaj qee tus neeg pab nyeem nws rau koj. Koj los kuj yuav tau txais ib daim ntawv sau ua kom yam lus. Rau kev pab dawb, thov hu tam sim ntawm 1-888-254-2721. (TTY/TDD: 711)

Japanese

重要:この文書を読むことができますか?読むことができない場合、支援することが可能です。また、日本語で訳されたこの文書を書面で受け取ることができます。無料の支援をご希望の場合、1-888-254-2721 (TTY/TDD:711)にご連絡ください。

Khmner

សំខាន់៖ កើអ្នកអាចអានសំប្បុកនេះបានទេ? បើអត់ទេ យើងអាចមានអ្នកជួយអាន។ អ្នកក៍អាចទទួលបានសំប្បកនេះសរសេរជាភាសារបស់អ្នកផងដែរ។ សម្រាប់ជំនួយដោយ ឥតគិតថ្លៃ សូមទូរស័ព្ទមកភ្លាមៗតាមរយៈលេខ 1-888-254-2721.

(TTY/TDD: 711)

Korean

중요: 이 편지를 읽으실 수 있으신가요? 그렇지 않으신 경우, 이를 읽으실 수 있도록 도움을 제공해 드릴 수 있습니다. 귀하의 모국어로 된 편지를 우편으로 받아보실 수도 있습니다. 무상으로 제공되는 도움이 필요하신 경우. 1-888-254-2721번으로 바로 연락해 주십시오. (TTY/TDD: 711)

Punjabi

ਕੀ ਤੁਸੀਂ ਇਹ ਚਿੱਠੀ ਪੜ੍ਹ ਸਕਦੇ ਹੋ? ਜੇਕਰ ਨਹੀਂ, ਤਾਂ ਅਸੀਂ ਇਸਨੂੰ ਪੜ੍ਹਨ ਵਿੱਚ ਤੁਹਾਡੀ ਮਦਦ ਕਰ ਸਕਦੇ ਹਾਂ। ਤੁਸੀਂ ਇਸ ਚਿੱਠੀ ਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਵੀ ਲਿਖ ਸਕਦੇ ਹੋ। ਮੁਫਤ ਮਦਦ ਲਈ, ਕਿਰਪਾ ਕਰਕੇ ਤੁਰੰਤ ਇਸ 'ਤੇ ਕਾਲ ਕਰੋ 1-888-254-2721 (TTY/TDD: 711)

Russian

ВАЖНАЯ ИНФОРМАЦИЯ: Можете ли вы прочитать данное письмо? Если нет, наш специалист поможет вам в этом. Вы также можете получить данное письмо на вашем языке. Для получения бесплатной помощи звоните по номеру 1-888-254-2721. (TTY/TDD: 711)

Tagalog

MAHALAGA: Mababasa mo ba ang sulat na ito? Kung hindi, mayroon kaming makakatulong sa iyo na basahin ito. Maaari mo ring makuha ang sulat na ito nang nakasulat sa iyong wika. Para sa libreng tulong, mangyaring tumawag kaagad sa 1-888-254-2721. (TTY/TDD: 711)

Thai

สำคัญ: คุณสามารถอ่านจดหมายนี้ได้หรือไม่ หากคุณอ่านจดหมายนี้ไม่ได้ เราสามารถขอให้ ใครสักคนช่วยคุณอ่านได้ คุณสามารถร้องขอ จดหมายนี้ที่เขียนในภาษาของคุณได้เช่นกัน หากต้องการความช่วยเหลือแบบไม่มีค่าใช้จ่าย โปรดโทรหาเราได้ทันทีที่ 1-888-254-2721. (TTY/TDD: 711)

Vietnamese

QUAN TRONG: Quý vị có đọc được lá thư này không? Nếu không, chúng tôi có thể nhờ ai đó giúp quý vị đọc. Quý vị cũng có thể yêu cầu thư này viết bằng ngôn ngữ của quý vị. Để được trợ giúp miễn phí, hãy gọi ngay đến số 1-888-254-2721. (TTY/TDD: 711)

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