

Millions of people in the US are caring for a spouse, parent, child, or relative with complex needs

Help support your caregiving employees.

Caregiving is on the rise across the country, with more than 53 million US adults now caring for a loved one.¹ Whether your employee has alerted you to their caregiving responsibilities or not, caregivers are a part of your workforce. That's why Guardian has partnered with Wellthy to offer caregiving services to help support all phases of life. With the Guardian + Wellthy caregiving services offering, your employees will have access to the support they need to successfully tackle any caregiving challenge they might face, while also being able to stay on top of their own physical, mental, and emotional wellness.

Features of the Guardian + Wellthy caregiving services

Caregiving is undeniably important, yet it can be incredibly complex. For some caregivers, figuring out where they should even begin is a mystery. The Guardian + Wellthy caregiving services help caregivers tackle logistical and administrative tasks, so they can prioritize the well-being of themselves and their loved ones. Features include:



Dedicated, hands-on support from experts who get to know each family and help tackle their to-dos



Comprehensive care planning tools and resources in one centralized, accessible place



Peer-to-peer space where family caregivers can find support and exchange knowledge



An impact that matters

Employees using Wellthy

Improved employee well-being

90%

are more engaged and less stressed at work³

Reduced absenteeism

2 in 3

miss fewer meetings and work days³

Employee retention

1 in 3

avoid a leave of absence or resignation³

One in 5 caregivers have taken a leave of absence and/or a demotion to accommodate their caregiving duties.²

Offer employees caregiving benefits to help them feel supported, while they support others.

Provide resources and support for caregivers at work

Not all caregivers identify as such, which makes knowing which benefits and resources to offer a more difficult task. That's why Guardian has embedded caregiving support services into our short-term and long-term disability offerings.* In fact, we're the first benefits carrier to do so.

With fewer than half of workers communicating their caregiving responsibilities with their managers,² having this service built into our disability plans helps employees access the support they may desperately need while maintaining privacy. And with less pressure on them as a caregiver, employees may be more likely to be productive at work and maintain their own well-being. Whether they're figuring out the logistics of planning for a child, supporting a spouse with cancer, or making care arrangements for an elderly parent, the Guardian + Wellthy caregiving services has them covered.



To learn more about the caregiving services, contact your broker or Guardian representative for more information.

The Guardian Life Insurance
Company of America
guardianlife.com

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- 1 [Supporting Caregivers](#), Centers for Disease Control and Prevention, 2021
- 2 [Standing Up and Stepping In: A modern look at caregivers in the US](#), Guardian 12th Annual Workplace Benefits Study, 2023
- 3 Wellthy Net Promoter Score (NPS) Response Data via AskNicely, Jan 1, 2022 through June 30, 2022

Individual outcomes may vary due to the unique aspects of each caregiving scenario.

Guardian's Group Short Term Disability and Long Term Disability Insurance are underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs.

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