



Support for every stage of your fertility journey



Count on us throughout your journey

Planning for infertility care is personal and you don't have to navigate it alone. At Aetna®, we're here to help simplify the process, with support every step of the way.

Our team of experienced nurses specializes in infertility care. With sensitivity and compassion, they'll help you understand the precertification process, review your benefits and answer your questions, so you can move forward with confidence.

Understand your options

Treatment depends on the cause of your infertility and may include lifestyle changes, medication, surgery, artificial insemination or in vitro fertilization (IVF).

Your doctor may recommend combining treatments to improve your chances of getting pregnant. And even without a clear cause, treatment can still be successful.

Starting your fertility journey — step by step

1

Learn about your coverage

Call the Member Services number on your ID card. We'll explain your benefits, review your provider network and answer your questions.

2

Find a provider

Log in to your member website, or your Aetna Health app, to search for providers or specialists in your area.

Explore the Institutes of Excellence™ (IOE) infertility network. These clinics are focused on high-quality care and proven treatment outcomes, including assisted reproductive technology (ART) like IVF and elective single embryo transfer (eSET).

3

Start planning treatment

Work with your provider to choose the right path forward and create a plan that works for you.

Learn more at [AetnaInfertilityCare.com](https://www.aetna.com/infertility) or call 1-800-575-5999 (TTY:711), Monday through Friday, 8 AM to 6 PM ET.

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