

## **„Open Dialogue Approach” - 28.08.2019**

Pre -seminar held by prof. Jaakko Seikkula, Finland

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On 28.08.2019 (at 9-16) you will have a unique possibility to participate in the seminar which will be held by the founder of „**Open Dialogue Approach**” (ODA) – **prof. Jaakko Seikkula, Finland.**

*The Open Dialogue Approach (ODA) - is a treatment system focused on the family and social network of a person experiencing a mental health crisis - has been developed throughout Scandinavia, Germany and other European countries, as well as in the USA for over 30 years. The first information about ODA appeared in Poland was in 2011 thanks to prof. Bogdan de Barbaro.*

*ODA assumes quick intervention in the early phase of the mental crisis, adjusting treatment to the individual needs of the person and their family, and perceiving treatment as a process using various therapeutic trends - with a focus on recovery.*

### Program

1. History of ODA
2. ODA in organizing psychiatric practice
3. 7 main principles of ODA
4. Therapeutic team
5. Focus on dialogues which mobilize your own resources (patient, family, social network)
6. ODA and neuroleptics - decreasing medication
7. Implementation of ODA in in-care and out-care treatment
8. The effectiveness of ODA
9. Therapeutic session with the family
10. Conclusions and reflections

### Participants

Pre-seminar participants will be psychiatrists, psychotherapists, family doctors, nurses, people working as family advisors, social workers, job advisors, people experienced with mental illness and other persons involved in the process of education, care and treatment of youth and adults.

Place: Warsaw, Radisson Blu Sobieski Hotel, Plac Zawiszy 1

In the name of organizers,

**Regina Bisikiewicz**

Polish Institute of Open Dialogue

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