



sassafras

fall and winter menu



sandwiches

All selections served with choice of kettle chips or café salad. We will happily add bacon, cheese, or extra meat to any sandwich. Please see the cashier with any requests.

TUNA MELT - 10

House-made tuna salad, cheddar, house-pickled cucumbers, dijonnaise, Companion multigrain bread

ROASTED PORTABELLA PANINI - 10

Balsamic-roasted portabella mushroom, roasted red bell peppers, herb cheese spread, fresh arugula, ciabatta roll

SMOKED SALMON TARTINE - 11

House-seasoned goat cheese spread, smoked salmon, capers, red onion, dill, Companion rye
Not available for Pick Two

MULTIGRAIN ROAST BEEF - 10⁵⁰

Roast beef, sharp cheddar, horseradish aioli, lettuce, tomato, onion, multigrain croissant

SASSAFRAS CHICKEN SALAD - 10

A perennial Garden favorite: classic creamy chicken salad served on wheatberry bread with baby greens



PICK TWO - 9⁵⁰

Any half sandwich with soup or café salad

ENHANCE YOUR ENTRÉE!

Sandwich, salad, or flatbread

Bacon - 1⁵⁰

Chicken - 2⁵⁰

Chicken Salad - 2⁵⁰

Tuna Salad - 2⁵⁰

Cheese - 1

Please see the cashier with special requests.

salads

All Sassafras salad dressings are house-made and contain no artificial ingredients. We will happily add chicken, bacon, tuna salad, or chicken salad.

Please see the cashier with requests.

TOWER GROVE KALE CAESAR SALAD - 9⁵⁰

Kale, shaved parmesan, croutons, Caesar dressing

TEMPERATE HOUSE COBB SALAD - 10⁵⁰

Baby greens, oven-roasted chicken, crumbled bacon, scallions, chopped egg, crumbled bleu cheese, tomatoes, tossed in creamy bleu cheese dressing

OTTOMAN GARDEN

MEDITERRANEAN SALAD - 9⁵⁰

Baby greens, tomatoes, red onion, cucumber, marinated olives, feta, tossed in red wine vinaigrette

QUINOA AND BUTTERNUT

SQUASH SALAD - 10

Quinoa, roasted butternut squash, spinach, dried cranberries, toasted walnuts, red onion, tossed in citrus herb vinaigrette

CAFÉ SALAD - 4

Small side salad of mixed greens, diced tomatoes, diced cucumber, shredded carrot

cup of soup - 5

*All Sassafras soups are house-made.
Crackers available on request*

TOMATO

SOUP OF THE DAY


Please return this menu at the order counter.



from the oven

Add a café salad to any flatbread - 3

PEPPERONI FLATBREAD - 9
Pepperoni, mozzarella, marinara, basil

BIANCA FLATBREAD - 9 
Arugula, artichoke hearts, sun-dried tomatoes, mozzarella, pine nuts, herbed bianca sauce

SPINACH AND ARTICHOKE DIP FLATBREAD - 9
House-made spinach and artichoke spread, roasted chicken, roasted red bell peppers, mozzarella

desserts

ASSORTED BAKED GOODS. various prices
See our pastry case for items baked fresh daily

ICE CREAM. various prices
Ask a cashier about our current selections

beverages

FOUNTAIN SODA, ICED TEA	2 ⁷⁵
COLD BREW COFFEE	4
KIDS' FOUNTAIN SODA	1 ⁷⁵
JUICES	3 ²⁵
COFFEE, HOT TEA, HOT CHOCOLATE.	2 ²⁵
SKIM OR CHOCOLATE MILK	2 ²⁵
LOCAL CRAFT BEER	5

We are proud to feature Parducci sustainable wines
CHARDONNAY, PINOT GRIS, PINOT NOIR 9/32
Glass/Bottle



become a member!

A garden of gifts is waiting for you...
Stop by the Membership Desk today!



kids' menu - 6⁵⁰

Intended for children 10 and under

KIDS' LUNCH MEAT SANDWICH
Choice of roast beef or chicken on white bread with lettuce, tomato, and American cheese

CHEESE QUESADILLA 
Flour tortilla, cheddar and jack cheeses
Yes! We will happily add chicken or bacon!

HOT DOG
Jumbo frank, bun, side of ketchup and mustard

Kids' selections come with a choice of:
Applesauce | Mandarin Orange Cup | Chips

ASK ABOUT OUR CHEF'S SPECIALS!

DAILY SPECIAL - MARKET PRICE

QUICHE OF THE DAY - 9⁵⁰
Local free-range eggs combined with cream, seasonal vegetables, select meats and cheeses, baked in a flaky pastry shell and served with choice of café salad or a cup of soup

 **vegetarian**  **gluten free**
 **vegan**

**Large print and braille
menu available upon request**

Our menu changes seasonally as we seek to source as many of our ingredients as locally as possible. We appreciate our place in this beautiful Garden and value you, our guests.

Sassafras is proud to support Ann & Allen Bakery and Companion. We are proud to feature Parducci sustainable wines.

Learn more about the certification of Sassafras at mobot.org. Read more about the Green Restaurant Association at greendiningalliance.org.

Printed on 100% post-consumer recycled paper.



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