

RECONSTRUCT OFFERS ADVOCACY SERVICES TO CHILDREN AND YOUNG PEOPLE IN CARE TO SUPPORT **GETTING YOUR VOICE HEARD**

Advocacy allows you to have your views, feelings & wishes heard when important decisions are being made that will affect your life.

You have the right to be listened to and have your views taken seriously. We understand that sometimes it can be difficult to express your thoughts and you may feel that your voice is not being heard.

Our Advocates are here to support this, they will be on your side and do not work for Carers or Children Services - they are here just for you!

Our Advocates will:

- ✓ Support you to speak up for yourself
- ✓ Support writing letters and making phone calls
- ✓ Explain the situation and why certain decisions are being made
- ✓ Support and challenge any decisions you want started, stopped or changed
- ✓ Attend meetings and reviews with you or attend on your behalf
- ✓ Support you to understand your rights and have a say in the plans that are being made about you
- ✓ Support you to make a formal complaint

FOR THE SUPPORT OF AN ADVOCATE, CONTACT US:

- CALL **0800 3891 571**
- VISIT **[INFO.RECONSTRUCT.CO.UK/BRISTOLPORTAL](https://info.reconstruct.co.uk/bristolportal)**
- ASK YOUR SOCIAL WORKER TO CONTACT US