Site Address:

Insert Property Address and Works location i.e. Level 4, room 409

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COVID-19: WORKS TO COMPLY WITH APPROPRIATE COMPANY COVID MANAGEMENT PLAN FOR THE STATE/TERRITORY, INCLUDING CURRENT HEALTH DEPARTMENT ALERTS AND REGULATIONS.

Nu-Life Pty Ltd. ABN 12002295721	Work Activity	: Install External Cabl		SWMS Number: 04			
2/83 Mulga Rd Oatley NSW 2223	Television con	nmunications cabling to be installed on exterior of building. SWMS Custodian: Arthur Burgess					
Ph.: (02) 9579 1233 Email: service@nulifetv.com.au	Where additi Indoor Ampli	•	ed the appropriate SWMS will also need to be	completed e.g. Replacing Cabling or	Ph.: (02) 9549 0000		
Job No.	Approving Au Client/Building	ithority Manager to complete	Assumptions:				
Order No	Company: Contact Name Position: Ph.:	:	Fall Prevention systems, access ladders,	assumed on all buildings constructed Pre 2004 ur ist within ceiling/roof voids.			
PPE Required:	Plant/Equipm	ent/Tools	Records and Reporting:	Permits/Licences Required:			
P2 Mask Earth Leakage Device Sharps resistant gloves Fall Prevention Harness Protective Head & Footwear Eye & Hearing Protection UV Protection High Visibility Vest RF Exposure Meter	Step/Extens Hand Tools Fibreglass of Drill Angle Grind Power Lead Torch Portable Ba Works Zone Digital Sign	cable rod/snake ler l rricades e Signage al Test Meter	Site Risk Assessment SWMS Site Attendance Register Test & Tag tools register Site Hazardous Materials Register. Plant & Equipment Register Nu-Life Corporate Management Plan Project Specific Management Plan	Mandatory Roof Access Permit (where applicable) Hot Works Permit (where applicable)	Preferred • Electrical Licence • Open Cablers Licence		
Service Schedule:		Inspection Requiren	nents	Training & Qualifications Required:			
E Electrical tools and leads test and toonstruction sites or 3 monthly for other Fall protection equipment 6 monthly Other equipment as per manufacture	ner sites.	No Sharps or otherThird party RF tranFall protection equiLadders fit for purp	n works area de-energised where appropriate hazardous items in works area. smission equipment in works zone ipment fit for purpose & certification current	Nu-Life Corporate Induction Project Specific Induction (by Principle) General Induction-Construction (White Card) Safe Working at heights Certificate	Cert III Telecommunications Cert III Digital Reception Technology Bonded Asbestos Sheet removal- Construction. RF Awareness Certificate (RadHaz)		

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Applicable Standards, Codes of Practice and guidance:

HARMONISED LEGISLATION

Work Health and Safety Act 2011

Work Health and Safety Act 2011 (NSW, Qld, Act)

Occupational Health and Safety Act 2004 (Vic.)

Occupational Safety and Health Act 1984 (WA)

Work Health and Safety Act 2012 (SA, Tas.)

Work Health and Safety (National Uniform Legislation) Act (NT)

Australian Building Code 2013

Confined Spaces Code of Practice

Hazardous Manual Tasks Code of Practice

Managing the Risk of Falls at Workplaces Code of Practice

Preventing Falls in Housing Construction Code of Practice

Managing Electrical Risks in the Workplace Code of Practice

Managing Noise and Preventing Hearing Loss at Work Code of Practice

How to manage and control asbestos in the workplace Code of Practice

How to safely remove asbestos Code of Practice

Fatigue management Code of Practice

Managing the work environment and facilities Code of Practice

Telecommunications Code of Practice

Working near overhead power lines Code of Practice

VICTORIA

Occupational Health and Safety Act 2004

Occupational Health and Safety Regulations 2017

Communicating HSE across languages Compliance Code

Confined spaces Compliance Code

Prevention of falls in general construction Compliance Code

Managing asbestos in workplaces Compliance Code

Removing asbestos in workplaces Compliance Code

WESTERN AUSTRALIA

Occupational Safety and Health Act 1984

Occupational Safety and Health Regulations 1996

Management and Control of Asbestos in the Workplace Code of Practice

Prevention of falls at workplaces Code of Practice

Managing noise at workplaces Code of Practice

Manual handling Code of Practice

STANDARDS

AS/NZS 1715:2009 Selection, use and maintenance of respiratory protective devices

AS/NZS 1892.1:1996 Portable Ladders - Metal

AS/NZS 1892.5-2000 Portable ladders. Part 5: Selection, safe use and care

AS/NZS 2161:2016 Occupational protective gloves

AS/NZS 2210.1:2010 Safety, protective and occupational footwear, Part 1: Guide to selection, care and use

AS/NZS 2865:2009 Safe working in a confined space

AS/NZS 1891.4:2009 Industrial fall-arrest systems and devices, Part 4: Selection, use and maintenance

AS/NZS 3760:2010 In-service safety inspection and testing of electrical equipment.

AS/NZS 3017:2007 Electrical installations - Verification guidelines

AS 1851-2012 Amd 1:2016 Routine service of fire protection systems and equipment;.

AS/NZS 1269.2:2005 Occupational noise management

AS4607:1999 Personal Response Systems

AS/NZS 1367:2016 Coaxial cable and optical fibre systems for the RF distribution of analog and digital television and sound signals in single and multiple dwelling installs.

AS/NZS 1417:2015-Receive antenna for UHF and VHF Radio/television

AS/NZS 3000:2018 Electrical installations (known as the Australian/New Zealand Wiring Rules)

SA TS 29125:2019 Information technology - Telecommunications cabling requirements for remote powering of terminal equipment

AS/CA S009:2013 Installation requirements for customer cabling (Wiring rules)

ARPANSA Standard (RF Exposure)

ISO14001,ISO 9001 & AS 4801 Nu-Life Pty Ltd Integrated Management Systems

ENVIRONMENTAL LEGISLATION

Environment Protection and Biodiversity Conservation Act 1999 (Federal)

Environment Protection 1997 (ACT)

Environment Protection Regulation 2005 (ACT)

Environmental Protection Act 1994 (QLD)

Environmental Offences and Penalties Act 1996(NT)

Environmental Offences and Penalties Regulations 2011(NT)

Protection of the Environment Operations Act 1997 (NSW)

Environment Protection Regulation 2005 (NSW)

Environmental Management and Pollution Control Act 1994 (TAS)

Aboriginal and Torres Strait Islander Heritage Protection Act 1984

Environment Protection Act 1993 (SA)

Environmental Protection Act 1986 (WA)

Environment Protection Act1970 (VIC)

Heritage Act 1995 (VIC)

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High Risk Works:

Hazard Overview	Checks	Yes/No	Controls (to be Implemented in accordance with hierarchy of controls Eliminate, Substitute, Engineer, Administrate, PPE)	Team leader to initial
	Roof surface dry and free from trip/slip hazards	☐ ☐ If No Cease works immediately	If roof is not slip free or may become wet works cannot proceed	
	Access ladder secure, suitable, on level surface		Commercial (150kg) ladder, level surface, secured top & bottom	
Are any works to be performed where a fall	Works & Drop zones barricaded from Public		Erect barricades to prevent public from being able to enter drop zone or works area	
of 2 meters or greater is possible?	Compliant perimeter fence/rails in place, or		Suitable guard rail (900mm+ high) in place to prevent falls. If not Harness required.	
,	Fall Prevention Harness & anchor points	☐ ☐ If No Cease works immediately	Certified anchors & harness (200kg min), check date, The company policy is that Fall	
YES NO	suitable <u>and</u>	,	Arrest is not to be used, only fall prevention. Therefore, no shock absorber type lanyard is	
	Restriction of movement prevents worker from	☐ ☐ If No Cease works immediately	permitted to be used. All ropes and restraints must be set to prevent the worker from	
	reaching any edge.	I I No cease works infinediately	reaching any area where a fall greater than 2M may occur.	
Have any Electrical Hazards been identified?	Overhead Lines		Safe distance of over 4M must be maintained at all times (Persons & Equipment)	
	Exposed live cables or terminals		If working within 3M of exposed cabling/terminals Elect Contractor must isolate supply	
YES NO	Hidden cabling		Check for buried conduits, etc. If in doubt cease works and report to supervisor	
Are Asbestos Containing Materials (ACM's)	Site register		Check register for locations of ACM's – If no, perform visual inspection.	
present?	Working near ACM's		If ACM's damaged cease works immediately. Do NOT drill, cut, disturb or remove ACM's	
YES 🗆 NO 🗆	Visible damages	☐ ☐ If Yes Cease works immediately	If yes, cease works. Record location and notify Nu-Life Office immediately.	

		Hazard or human error		Controls		
Number	Step	(Safety/Environmental hazards identified, including physical environment, human errors, plant & equipment)	Risk ranking before controls	(to be Implemented to eliminate or reduce the risk to the lowest practicable level)	Risk ranking after controls	Responsibility
	PRELIMINARY STEPS					
1	Report to Site/Management Office for induction and sign in.			Site Specific Induction detailing conditions unique to the site and location of facilities i.e. Ablution Block, First Aid, Drinking Water, Entry and egress gates, Fire Fighting equipment, etc. Request to view Site Hazardous Materials Register. Where such facilities are not available Site Foreman to identify facilities and brief all workers during pre-works talk.		Site Foreman/Installer
2	Supervisor verifies competence of personnel doing the task and currency of permits for work.			Only competent/qualified persons permitted to undertake specified tasks		Supervisor
3	Installer undertakes site pre-work inspection.			Qualified Installer Inspects Works location And Reports any anomalies to Supervisor/Site foreman		Site Foreman /Installer
4	Review SWMS and confirm it is current.			Contact SWMS Team Leader immediately should any site conditions not be as per this SWMS. New controls may need to be introduced and the SWMS modified accordingly.		Site Foreman/Installer

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		Hazard or human error		Controls		
Number	Step	(Safety/Environmental hazards identified including physical environment, human errors, plant & equipment)			tisk ranking ofter controls	Responsibility
5	Verify that plant and equipment for the task is fit-for-purpose.			Check service records are current and appropriate tests and tagging are up to date. Ensure equipment is in a safe and useable condition.		Site Foreman/Installer
Number	Step in	afety/Environmental hazards identified,	sk ranking before controls	Controls (to be Implemented to eliminate or reduce the risk to the lowest practicable level)	Risk ranking after controls	Responsibility
1	Prepare Work Area Ur zo	lls, Slips rains, Strains nauthorised persons entering works ne. Exposure	В-	Where a portable ladder is to be used to access works area ladder must be on suitable level surface, fit for purpose and used in accordance with company WHS policy manual. Only persons trained and certified in Safe working at heights are permitted to use or access ladders, this applies to both fixed and portable types. Any heavy equipment (e.g. large ladders, rack cabinets and the like) should only be transported on level surfaces where possible and appropriate manual handling processes must be followed. If lifting equipment is not available two or more persons should assist with heavy loads. Ensure all doors/access panels are secured to prevent unauthorised entry. Where this is not possible, erect barriers and warning signage. For High Risk environments, or where barricades may not be sufficient, a suitable person should be placed at each access point to manage entry. Exclusion Zones for existing RF equipment must be strictly adhered to. Test exposure using RF exposure Meter. If meter indicates "high" reading, cease works, leave area and contact Office	D	Installer/ALL
2	Accessing Roof Area Fly Ai	Ills, Trips, Slips Exposure / Exposure & Heat Exhaustion oise Exposure /ing Debris rborne diseases particles (Lead Dust, bestos, Legionnaires)	А	Ensure suitable fall prevention is in place & Certification Tags are Current. Where no perimeter barriers are in place a Harness must be worn at all times whilst on roof and the rescue plan as detailed in company WHS policy manual must be followed. If roof area is wet/slippery or other conditions exist that make the works unsafe cease work immediately and contact HSR. U/V protection to be used at all times when working outdoors. Ensure adequate drinking water is on hand. Take regular rest breaks in hot conditions. Use hearing protection when using power tools and/or high ambient noise levels are present in works zone. Also use eye, head protection and safety gloves when using power tools. P2 mask to be worn when exposed to dust, air conditioning towers or Asbestos Containing Materials.	D	Installer
3	Install Cabling & Ducting As	rborne diseases particles (Lead Dust, bestos, Legionnaires) ectrocution	B+	No Drilling of "Eaves" permitted where Asbestos risk exists. Installer is not permitted to reach into hidden locations due to possibility of Sharps or other hazardous items. Use cable rod or yellow tongue to relocate cables to more accessible and visible		Installer/All

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		Hazard or human error		Controls		
Number	Step	(Safety/Environmental hazards identified, including physical environment, human errors, plant & equipment)	Risk rankir before contr	(to be Implemented to eliminate or reduce the risk to the lowest practicable level)	Risk ranking after controls	Responsibility
		Rotating Plant High Noise Levels Fire (Hot Works)	hidd sha If po Safe Hea Eye Do boo	tition. Where this is not possible and the only option available is for installer to reach in den locations this can only be performed with a gloved hand. The glove must be an approve reps resistant type. Ower drill or other electrical tools required portable RCD to be used. But Helmets to be worn in case of falling objects. For protection must be worn in noisy environments or when using power tools. For protection & safety gloves to be worn when using power tools. NOT bring body within 1 metre of live services or in any position where a trip or fall could bring y into contact with live services or rotating plant. For protection we have a trip or fall could bring the contact with live services or rotating plant. For protection we have a trip or fall could bring the contact with angle grinder a Hot Works Permit will need to be completed. For protection we have a trip or fall could bring the contact with angle grinder a Hot Works Permit will need to be completed.	ed	
4	Completion of Work	Trips/Slips Fire (Hot Works)	B- any 30 months	ure all Waste materials, Debris and Tools Are removed from site prior to departure includi packing materials you may have brought with you. minutes after any hot works have been completed reinspect works area and ensure there a fire risks or hot spots present which may have resulted from sparks or flying debris. waste is to be returned to Nu-Life Office for disposal/recycling as per our Environment plan.	re D	Principal/Installer
5	Prior to leaving site		B- site	ort to Site Management Office, Advise works have been completed- Record departure time in register and in SWMS. Where such facilities are not available contact Nu-Life Office to advise ks are completed and await further instructions.		Installer

NOTE: Each work group or team member must sign off on the SWMS to acknowledge they have been briefed about or instructed in the SWMS

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NOTE: Each work group or team member must sign off on the SWMS to acknowledge they have been briefed about or instructed in the SWMS

Team member name	Team Member	Instructor/					Check	List		
(Please print)	signature	Briefer name	Signed	Date	SWMS Reviewed	Induction Completed	PPE Suitable	Licences Current	Roof Permit	Hot Works Permit
				<mark></mark>						
				<u>.</u>						
				<u>.</u>						
				<u>.</u>						

Blank spaces not permitted. Where "no" worker is not permitted on site without prior written approval from Senior Company Management

Date of Works		Estimated Dura	ation of Wo	orks	 Actual Star	t Time	 Actual Finis	h Time	
Team Leader or	Site responsible	for SWMS	Name:		Mobile:		Signed:		

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COVID-19: WORKS TO COMPLY WITH APPROPRIATE COMPANY COVID MANAGEMENT PLAN FOR THE STATE/TERRITORY, INCLUDING CURRENT HEALTH DEPARTMENT ALERTS AND REGULATIONS.

Three Step Risk Assessment Process

Step 1: Identify the consequence for each potential risk by using the table below. Note: If a combination of harm, loss or damage could occur the worst case consequence is selected.

Level	Description of Consequence
Disastrous (6) (>10 Fatalities)	Probable death, permanent disability or major structural failure/damage. Offsite environmental discharge/release not contained and significant long-term environmental harm. >10 Fatalities
Catastrophic (5) (2-10 Fatalities)	Possible death, permanent disability or major structural failure/damage. Offsite environmental discharge/release not contained and long-term environmental harm. 2-10 Fatalities
Critical (4) (1 Fatality, 2-10 Major Injuries)	Death, permanent disability or structural failure/damage. Offsite environmental discharge/release not contained and significant short-term environmental harm. 1 Fatality (2-10 Major Injuries)
Major (3) (1 or more major injuries)	Potential temporary disability or minor structural failure/damage. On-site environmental discharge/release contained, minor remediation required, short-term environmental harm. 1 or more major injuries.
Minor (2) (1 or more minor injuries)	Incident that has the potential to cause persons to require minor treatment. On-site environmental discharge/release quickly contained minor level clean up with minimal short-term environmental harm. 1 or more minor injuries.
Negligible (1) (First Aid or no treatment)	Incident that has the potential to cause persons to require first aid. On-site environmental discharge/release immediately contained minor level clean up with no short-term environmental harm. First Aid treatment or illness/injury not requiring treatment.

Step 2: Using the following table, determine how likely it is that the risk will occur and result in the consequence identified above.

Level	Likelihood/Probability
Frequent	Has occurred frequently – At least once per month for this activity
Probable	Occurs regularly in NSW – Occurs at least once per annum for this activity
Occasional	Has occurred once or twice in NSW – Expected to occur at least once in 10 years.

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Remote	Has occurred many times in the industry but rarely in NSW – Could occur but unlikely
Improbable	Has occurred once or twice in the industry - May occur only in exceptional circumstances
Incredible	Unheard of in the Antenna Industry – Not expected to occur

Step 3: Using the risk matrix below, the organisation identifies the risk class/ranking.

Consequence	Likelihood/Probability							
	Frequent	Probable	Occasional	Remote	Improbable	Incredible		
Disastrous (6)	A	A	A	A	B+	B-		
Catastrophic (5)	A	A	A	B+	В-	C+		
Critical (4)	A	A	B+	B-	C+	C-		
Major (3)	A	B+	В-	C+	C-	D		
Minor (2)	B+	B-	C+	C-	D	D		
Negligible (1)	В-	C+	C-	D	D	D		

Class/Ranking	Description/Requirements		
А	Will require detailed pre-planning. Actions will be recorded on a Safe Works Statement.		
В	Will require operational planning. Actions will be recorded on a Safe Works Statement.		
С	Limited assistance by HSR required Actions will be recorded on a Safe Works Statement.		
D	Will require localised control measures Generic Safe Works Method Statement will be used.		

SWMS 04 - Install External Cable V4.6

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Note: Asbestos risk has been revised to Pre- December 31st, 2003 as per NSW Workcover review "HOW TO MANAGE AND CONTROL ASBESTOS IN THE WORKPLACE Code of Practice DECEMBER 2011"

On Site Contact Person:		Mobile:			
FIRE – A	MBULANCE - POLICE		000		
Projects Manager:		02 95490000			
Assembly Point Location:					
					KEY
				—	Exit Points
					Fire
				A	Assembly Point
					First Aid Kit
				н	Hazardous Goods Store
	Site Sketch			Р	Parking

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