



🚡 👅 ime-bound 🛛 👗	👖 🚺 🚡 🚺 ime-bound 🛛 👗
By , I want to	By, I want to
l know l'll succeed when	
Three things I know I can do to help me include:	 Three things I know I can do to help me include:
1)	1)
2)	2)
3)	
l want to accomplish this goal because	I want to accomplish this goal
S pecific M easurable A ttainable R ealistic/Relevan T ime-bound	Specific Measurable Attainable Realistic/Relevan Time-bound
By , I want to	By , I want to
l know l'll succeed when	
Three things I know I can do to help me include:	Three things I know I can do to help me include:
1)	1)
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