



SpandaSoulSisters

Divine Immersion Retreats Presents:

India Retreat 2020

Ganeshpuri & Varanasi

‘Exploring Relationships – Consciousness, Self, Others.’

Ganeshpuri January 14-23
followed by Varanasi 23-27.

*It is optional to do one part and not both.

India Retreat 2020
Ganeshpuri & Varanasi
January 14–23 Ganeshpuri, 23–27 Varanasi

Exploring Relationships:
Consciousness, Self, Others.

Run by Brahmani Ma and Lakshmi Amma

www.divineimmersionretreats.com



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Who are the SpandaSoulSisters?

We are Jules and Laksy aka Brahmani Ma and Lakshmi Amma. We are spiritual teachers, business women/entrepreneurs, single mothers and we are here to provide practical spirituality for awakened living for people who want to make a difference in the world.

Our motto is Raw Messy Spiritual.

We know that to be happy and thriving with a meaningful life we need to stand in our raw, messy and own our true nature. We know as you are, no matter what is going on in your life is perfect and that with some yogic awareness we can all be happy, wise, loving, free.

We believe in celebrating the sacred in daily life.

After 20 years together studying and working with an ashram, the call came to bring our insights and skills to the world. We saw why people struggle in their daily lives and how the real skill is in holding awareness, celebrating life and allowing transformation to take place letting go of perfection and things we don't really want.

Everyone has a right to quality spiritual training for wisdom, love, abundance to have a life of purpose.

Our very favourite thing is to take people who are ready for the Divine Immersion that we can provide. People who are prepared to expand their awareness and go beyond the mind to pure love. We take them to India with us – the only place to make this happen effortlessly.

You are invited to apply to come with us for a life-changing, game-changing soul retreat.

This year our theme is 'Relationships – Consciousness, Self, Others.'

Love in this human experience is 100% about relationships and what they teach us, and primarily our relationship with the Divine. We will be doing mentoring and running programs purely on relationship.

India is the home and 'motherhood' of our spiritual lineage that we became initiated in as teachers in 2018.

India is the epicentre of spirituality on the planet. Her gift to the world is this most universal and ancient of all the belief systems. It is what makes India and her people unique and unforgettable. There are certain hot spots in India that we say give a 100% return on investment and one of those rare places is Ganeshpuri.



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Ganeshpuri was made famous in the last century because a very great being, a rare 'avadhut' chose to live there.

One day he literally strolled into town in his, and there he stayed. All spiritual aspirants know.... follow the great beings! What is so special about this particular great being is that when he left this earth, he stayed in spirit. Remarkably, the grace in this little town is off the meter. The energy is so intense and palpable that you have no choice but to feel it working through you from the cells, the heart, the mind, the energy bodies...everything. If you want the real deal, the full divine immersion and the most authentic, simple sample of village life, then this is for you. It is a town known only for and by dedicated spiritual travellers, it's not a tourist town. It's a portal to a Divine experience.

In Ganeshpuri, we blend into village life and become friends with the locals. We follow a simple yet effective daily routine of early meditation, breakfast, an activity, lunch, rest in the afternoons, a program with mentoring, self-inquiry or a proper Satsang program held every evening. Then dinner and a trip down to the village to the temple for evening Aarati.

Varanasi holds a special place for us personally. Aside from Ganeshpuri, Varanasi has its own unique and palpable spiritual energy. As one of the oldest living spiritual cities and cultures on earth, Varanasi is a living and breathing museum and a place all seekers must visit in their lifetimes. There is nothing like meditating by the mighty holy Ganges river, having a boat ride, seeing the Ghats, watching the people making offerings to the river as they have for thousands of years.

We will see everything from the burning ghats to one of the most ancient, Shiva temples down the medieval alley-ways – seriously it's something out of Indiana Jones! We will take you to ashrams and temples of great beings and deities famous in that town, and you will delight in the luxury aspect of this part of the trip which will be a contrast after the simple village experience of Ganeshpuri.

Each day will begin similarly with meditation then breakfast, an outing or activity, some lunch, rest in the afternoon, a program early evening, dinner, hear a chant and sit by the river. The hotel is literally right on the river – sensational.





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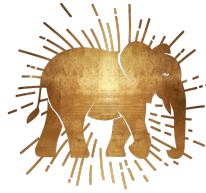
This is ideal for:

- Those wanting a break-through.
- True spiritual seekers.
- Those wishing to travel and experience this kind of India and would not go alone.
- People with big minds and hearts.
- Those who love the exotic and beautiful and can handle the confronting and broken.
- People who want to connect to a divine power that is so magnificent there are no words to convey it.
- Those wanting some divine guidance.
- Those prepared to do the daily routine and live simply for a week.
- People who are open and coachable.
- Those willing to be part of a group and share.
- Those who are ready to do something totally out of the box!

This is not ideal for:

- Anyone dogmatic or resistant to new spiritual culture.
- People who complain and find fault – there's tonnes in India!
- Anyone suffering special medical or mental health conditions that need attention.
- Anyone who has limited movement. (Please note that due to the location there will be uneven ground and steep stairs.)
- People who don't attend the pre-retreat orientation webinars that explain the do's and don'ts.
- Anyone who isn't a team player and open to being coached or processed if needed.
- Anyone who won't meet the requirements of going, i.e. get the right health checks, signed agreement forms, travel insurance, visas and pay in time etc.





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Application is through interview only. To apply for an interview for this incredible experience, please click here for the application form >>> <http://bit.ly/GVIndia2020>

Included in the retreat is:

- Transportation from the airport in Mumbai on the 14th January and back to the airport for either travel home on the 23rd or to Varanasi with us the same day.
- Food and accommodation at our Home Stay in Ganeshpuri.
- Transport to and from Mumbai on our shopping day and lunch (so cool!).
- Sacred Mountain hike and picnic.
- Yoga, chants, programs daily.
- A magnificent puja ceremony with a temple Priest.
- A visit and offering to the Goddess temple in a nearby town.
- A donation from your payment goes as an aid offering to poor villagers.
- Our own meditation and yoga space.
- Flight from Mumbai to Varanasi. *
- A 5-star hotel on the Ganga River in Varanasi including breakfast and dinner.
- Travel from airport to hotel in Varanasi and to various sites by car or tuk tuk.
- SIM card for your phone for the duration of your trip with us.

*please note that internal flight prices may vary, and we will have to advise on any cost increase which will be covered by you.

It doesn't include:

- Airfares to and from India and travel visas.
- Extra food or drink when out and about.
- Baths at the hot springs. Yes, there's natural hot springs! You can organise there.
- Laundry service, although that is available if you arrange with the homestay.
- Lunches in Varanasi.
- Cost of your own sight-seeing on allocated time and days off.

We have an inhouse travel counsellor called Rebecca, who is gorgeous and going to handle the group travel arrangements and she is fantastic at helping you if you are going to take further travel while there. We have the flight information ready and the cost at the moment is really reasonable but will go up as we get closer to the retreat.

Rebecca Munnings

Travel Counsellor

T 0413604744

E rebecca.munnings@travelcounsellors.com.au



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Price

Ganeshpuri	\$3,200	Full Price
	\$2,900	Early Bird by 31 st July.
Varanasi	\$2,000	Full Price
	\$1,850	Early bird. Pay by 31 st July.

*the early bird will include + 1 month mentoring with Sally & Julia. ☺

Together the cost is **\$5, 480 Full Price**
\$5,180 Early Bird.

Your place on this amazing retreat is secure once you pay the deposit of \$ 650. The balance is to be paid within 21 days. Payment can be paid by cash or electronic transfer (please use your name as reference).

If you would like to see our payment plan options, please email connect@divineimmersionretreats.com.

For those who are joining us for the entire India experience in January 2020 and doing the Yatra as well, the cost of the Yatra is \$2,280. It is a tight price, so there is no early bird here.

*It is possible to do A+B+C! i.e. Yatra, Ganeshpuri and Varanasi.

You are welcome to email connect@divineimmersionretreats.com for the information of the yatra.

BSB: 033-131

Account name: Spanda Living

Account number: 377183

*Make sure to email a photo or snapshot of all transactions to connect@divineimmersionretreats.com.

Payments must be completed by 30th November 2019.

The Retreat Participation Agreement must also be signed and returned before being allowed to travel on this retreat. Please note that all accommodation is a twin share room with a bathroom, which you will share with another retreatant.

Looking forward to holding this fabulous space for you and sharing in something very few can understand and share with you!

Much love, Sally & Julia



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