

# a day in the life of a child in our children's house program



At Guidepost Montessori each child follows their own interests, thus one day usually looks different from the next.



In the Children's House program, the children work in three-hour work cycles, and they may choose to work by themselves, near a friend, or collaborate with a friend.

The timeline below is what a typical day might look like for Duncan, 4 years old. As you'll see, he's doing a variety of activities throughout the day, as he's at a stage in his life where he is building up his ability to focus.



8:00 am

#### arrival

Duncan excitedly greets the guide and his friends first thing when he arrives at school. After washing his hands and changing shoes he eagerly picks the pink tower from the shelf and spends some time exploring it on his own.

9:00 am

#### focused work

Duncan is interested in the move able alphabet and asks the guide to tell him how it works.

He spends some time practicing the letter sounds.

During the work cycle he's also immersed in working with the color tablets.

Together with his friend Tommy he peels the cucumbers for snack time. 12:00 pm

#### lunch

Duncan loves setting the table! He's seen his parents do it at home and loves to get involved.

In a home-like atmosphere, he and his friends eat and chat.

After lunch he cleans the table and makes sure to do his own dishes.

1:00 pm

### nap time and gardening

After lunch, Duncan is ready for a nap. He usually sleeps 1.5 to 2 hours. During this time, some of the older children get 1:1 lessons with the lead guide on subjects like reading or writing.

After his nap, Duncan wants to water the plants. His interest in plants and flowers leads him outside.

Duncan, Tommy and some other friends investigate the school garden. The beans they planted a few months ago are looking great!

The guide takes the opportunity to send a photo of Duncan and his friends to his parents.

3:00 pm

## extended day activities

One of the best things about Duncan's school is the fun group activities they do in the afternoon.

Today, the guide takes them on a nature walk. Duncan can't wait to tell his parents that he has seen not one, but two, beetles.

6:00 pm

#### at the end of the day

While Duncan's mother talks to the guide, he chats with Tommy about their plans for the school garden.

Maybe they can plant pumpkins next!

