

UP YOUR
CONTRACEPTION
KNOWLEDGE

IF YOU LIVE IN SOUTH AFRICA, THESE ARE YOUR RIGHTS:

Has watching MTV Shuga got you questioning what contraception you should use? Want to find out more about the IUD and other types of contraceptives? We got you!

DID YOU KNOW

ANYONE AGED
12 YEARS & OLDER
CAN ACCESS
CONTRACEPTIVES
WITHOUT THEIR
PARENTS' PERMISSION*

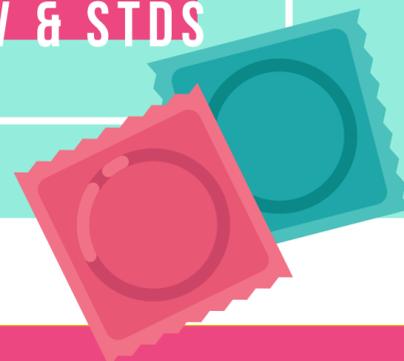


THE **IUD** CAN BE USED AS AN EMERGENCY CONTRACEPTIVE, AS WELL AS A CONTRACEPTION.



DEPENDING ON WHICH **IUD** YOU GET; it can last for up to **10 YEARS**

Condoms need to be used consistently and correctly alongside contraception to prevent the spread of **HIV & STDS**



NEED MORE INFO?

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OR VISIT
<http://www.mariestopes.org.za/>